A boke of the

propretes of Herbes called an her ball, wherunto is added the time ỹ herbes, floures and sedes shold be gathered to be kept the whole yere, wyth the vertue of ỹ Herbes when they are stilled. Also a generall rule of all maner of Herbes drawen out of an auncyent booke of Phisyck by W.C.



Mark doctor Loy[illegible] gen. on aqua vitæ
still by doctors comm[illegible]
surs on bathis

De virtutibus herbarum et primo de littera .A.

Agnus castus.



Hys herbe Agnus castus that men do cal The sayne, and other wyse Parke leues, this hath leues sondel red lyke vnto the leues of Orage, and thys herbe hath senowes on hys leues as hath Plantayne, and it hath yelowe flowers & bereth blacke beris & it groweth in dyp wodes, ỹ vertu of this herbe is, it wyl kepe men & women chast For as Discolidion & Placens do say, this herbe is called Agnus castus for ỹ knowledge & the vse of thys herbe maketh men chast, and thys herbe wyll open the pores of man and let out wycked humours and spryres of his body, this herbe destro-

Jos: Banks

destroyeth the moysture of mānes sede. Also ỳ same auctor sayth that yf thys be sodē with Fevel, in Asel it is good to destroy ỳ dropsi. Also if this herbe be sodē with smalage, and Sage, in salt water, and after warde the hynder parte of a mannes hed be well walshed therwyth it heleth it and vnbyndeth an euyl that is called Lytargy. Also thys herbe destroyeth the foule luste of Lechety and it be dronken, or yf it be borne a bout hym, therfore sometyme they do eat it rosted, bycause it shall kepe them chast, for yf this herbe be eaten rawe, it wil engēder head ache. Thys herbe is good to dese the hardnes and stoppyng of the Mylte. Also a playster of thys herbe is good to do awaye ache of a mannes heed, that is engendred of wycked humours. Thys herbe is hote & dry e in the seconde degre.

Aptum.

This herbe Apium, is a herbe that
mē do cal Smalage, or stāmarche,
the vertue of this herbe is this. It
wyll make a man to pysse, & oppy
the stoppinge of the lyuer, also the
sede of the herbe hardneth a man-
nes wombes, and it draweth wyc-
ked humours of a mannes bodye
vnto the head & to ỹ stomake and
the wombe, and therfore it noyeth
them that haue the fallinge euyl, &
to women that be with chylde, for
whan it draweth suche humours
to the wombe and engendreth that
be the cause of pestilence, and ther-
fore it is cōmaunded of leches that
women that be with chylde & they
that kepe suckynge chyldrē shulde
nat eat nor drinke of this herbe for
dred of ỹ fallyng euyl, for it is hote
and drye, & there be speces therof,
ỹ toye is good for colde playsters
tempered with flower, and for scal
ding, this herbe is hote in ỹ. i. degre

Anetum

¶ Anetum.

¶ This herbe Anetum that men do cáll Anyse otherwyse Dyl, thys herbe hath leues lyke to Fenel but the sede is somdel brode as Orage sede is, the vertue of thys herbe is thus. It wil make a man pysse, also it swageth rumblinge in a mannes wombe, and wycked wyndes in the wombe, also it distroyeth the vexinge, the sede of this herbe brét and layde vpon a woũde it heleth soone & namely yf a mã be scalded in hys membres or on hys yarde, strowe the powder therof & it shall hele, or what maner of euil that tiseth in a mannes yarde it shalbe hole in the same maner, a playster made with the same pouder, & shepes talow and blacke sope, is good for ỹ Emaraude this herbe is hote and drye in the seconde degre.

¶ Apiume risus.

¶ This herbe Apiume risus is cal-

led Cerfoy of Chevuile, the vertue of thys herbe is and it be dronken wyth wyne it shall make a man to pysse well and it delyuereth a man of ache in the rayne & in the bladder, and it be dronken with wyne it letteth out and vnbyndeth the wicked wyndes and vnstoppethe the wombe and the lyuer of all maner wodnes. Thys herbe with holdeth castyng. Also a plaister made with this herbe tempered with Aisel destroyeth wylde fyre and heleth the Canker and al other woundes, thys herbe is one of the Similathes, & it is hote and dry.

¶ Absynthium.

☞ Thys herbe is called Wormewode. The vertue of this herbe is. It is good to comforte the herte & cleseth the stomake. Galien sayeth that the herbe hath .ii. vertues one is laxatyue, and the other is cõstypulatyue. Therfore Galien sayeth

that

that if thys herbe be geuen to an
euyl, of the which the matter is not
fully defyed, it shall harde the sto-
make, and let the digestion, and yf
the matter be typed, it shal make a
man laxatyue, and eesily put away
the matter, if this herbe be dronke
with Spyconarde, it swageth the
stomake and of the wombe that is
engēdred of wycked wyndes. Also
if this herbe be tēpered wyth hony
it wyll ease the swellyng in a man
nes mouthe. Also it doeth awaye
the blacke mysle in a mannis eyes
and cleareth the syghte, and yf thys
herbe be pownd wyth the gal of a
Bull and afterwarde putte into a
mannes eyes, it putteth awaye all
maner impedymētes of the syghte.

Artbanesia.

Thys herbe is called Mug-
wozte, the vertue of thys herbe is
this. If a mā bere this herbe about
hym he shal not be wery of trauel-

lyng

lynge in hys way, also if thys herbe be pownd wyth talowe, it healeth the soznes of a mānes kete and a kynge also. And if it be within a house, there shall no wycked spyryte abyde. Also if this herbe be stamped and tempered wyth runnynge water it healeth the akynge of a mannes guttes & many other euylles, thys herbe is hote and dry in the seconde degre.

Affodylius.

Thys herbe is called Affodyl. The vertue of this herbe is that ȳ leues ben good to hele the dropsy. and the leues of ȳ flowers be good to be dronken to hele venim of wicked bestes, also the toyce of this herbe and Hyzre, and Saffron tempered togyther in whyte wyne & a lytell boyled ouer the fyer & clensed thozoughe a clothe, is good to hele rinnynge eyes, also the rote of this herbe bzēt to powder, is good

to heale soze eares and restoze the
agayne, also take an harde cloth &
is roughe and wete it in the soyce
of the herbe, and rubbe the mor-
phewe therwith lyttinge agaynste
the soone and it shal do awaye the
morphewe, thys herbe is hote and
dzye in the seconde degre.

Aristologia longa.

Thys herbe men do cal it Red
nader, the vertue of thys herbe is
thus. It wyll unbynde the stop-
pyng of the lyuer & let passe wyn-
ked wyndes that be stopped wyth
in mannes body, also if it be dzon
ken with wine it clenseth and pur-
geth al men of al maner of venym
that is in a mannes body. Also it
clenseth and purgeth all maner of
dyseases that be roted within and
wythout in the vaynes, and in the
teath, that ben rotten. Thys herbe
is hote and dzye, and it muste be
gathered in herueste, there be two

speces

spetres thewode.

¶ Aristologia rotunda.

Thys herbe aristologia rotunda men do call it Galingale meke, the vertue of this herbe is thus as Ypocras dothe saye, yf the sayde herbe be dronken wyth hote water then it is medicinable and curable for those men that be stopped in the brest, and for the swellynge cuyl, and for the Podagary and for the Craumpe, thys herbe is hote & dryc and it must be gathered in harueste and it is a spece of the reed Myadder.

¶ Abrotanum.

This herbe abrotanum me call it Southernewode. The vertue of this herbe is thus, yf they drynke the sede and drynke it wyth water it healeth me that haue ben bytten with any venemous beaste. Also thys herbe destroyeth wormes in a mannes wõbe, also pouder of this

herbe

herbe medled wyth barly mele bin-
dyndeth and bzeketh harde postu-
mes, also thys herbe bzente and the
allyes medlyd wyth oyle, it resto-
reth there as man lacketh here, this
herbe is hote and dzye.

¶ Ameos.

¶ Thys herbe Ameos hath leues
lyke vnto Eldzen, but they be lesse
and the sede is lyke persly sede, the
vertu of thys herbe is thus, if it be
tempered with honye it sleeth wor-
mes that be in a mānes bodye, and
it vnbindeth the grente stoppynge
of windes, and it bzeketh the stone,
and it chafeth a mannes stomake
that is colde, it chafeth the syuer-
ches taynes, and it heleth woundes
and the bytynge of venemous bes-
tes, this herbe is hote and dzye.

¶ Alleluya.

Thys herbe Alleluya men cal
it wodsoze or shubwoze, this herbe
hath thze leues of the whiche two

be round

be rounde a lytle departed aboue, and it hathe a whyte flower, but it hath no longe stalkes, & it is wynsoze, and it is lyke. iii. leued grasse the vertue of this herbe is thus. If it be rosted in the asshes in Reed docke leues, or in reed wozte leues, it kreteth awaye deade flesshe of a wounde, this herbe groweth muche in woodes.

¶ Asterion.

¶ Thys herbe Asterion groweth amonge stones and in hyghe places, this herbe sheweth by nyght, thys herbe hathe yelowe flowers hole and rounde as a Kockebel, or els lyke to Foxegloues, the leues of thys herbe be round, and blewe, & they haue the marke of the mone in the myddest, as it were. iii. leued grasse, but ꝑ leues therof be moze and they be rounde as a peny, and the stalke of this herbe is reed and this herbe semeth as it wer muske

and

and the toyce therof is yelow. And thys herbe growethe in the newe moone without lefe and euery day spryngeth a new lefe to the ende of xv. days, and after. xv. dayes it loseth euery day a lefe as the moone waneth, and it spryngeth and waneth as doth the moone, and where ỹ it groweth there groweth greate quãtyte. The vertue of thys herbe is thus, they that eate of the berys or of the herbe in wanynge of the moone whan he is in sygno virgines, yf he haue the fallyng euill he shalbe hole therof, or if he bere this herbe boute hys necke he shalbe holpen without doubt, and it hath many other good vertues.

¶ Agrimonia.

This herbe Agrimonia mẽ cal it Egrymonye. The vertue of this herbe is thus, ỹ it be eatẽ the herbe and the roote grene, it healeth the akynge of the wombe. Also yf the herbe

herbe be dryed and poſined to pou-
der, & dr̃ke with water it is good
for the ſame euyll, alſo the ſayde
herbe tẽpered with Ayſell is good
to hele a wounde that is hurt wyth
yron, alſo this herbe vſed in mẽtes
is good to hele the akynge of ſores
in the mylte & it is good for Treyn-
tes.

Of Auencia.

This auencia is called Auen,
the vertue of this herbe is thus yf
it be dryed and poudermade ther-
of wyth wyte wyne warmed or els
luke warme water & gyue it to the
that hath the feuers, & it ſhal helpe
him much and eale him, alſo it he-
leth woundes & Cankers yf it be
dronken.

Altea.

Thys herbe is called holyhoc-
ke or the wylde malowe, the ver-
tue of thys herbe is thus, take and
ſtampe it & frye it with ſhepes ta-

lowe

lowe and make a plaister and laye it to a podagar mā, it shal helpe hym within thre dayes by experpmente al auctours do saye and affyrme that thys herbe soden wyth Wineger and Linsede. and a playster made therof & layde to the side of any person, it departed and helpeth wycked gatherynges that be engendred in a mannes body, thys herbe groweth in gardens & moist places.

¶ Amarisca.

☞ This herbe is called Doggefenel, or Maithe, this herbe is muche lyke to Camamyle for it hathe a white flower as Camamyle, but it stinketh, the vertue of this herbe is good to drynke the joyce therof for to hele the Canker and the pypes of the Emeraudes, and there be .ii. speces therof, the one hathe a white flower, & the other hath a yelowe flower, & it groweth in corne.

Articula

Auricula muris.

Thys herbe is called Mouſere The vertue of this herbe is, yf it be dronken it helpeth the Quinſy, alſo the ioyce is good to hele al maner of woundes.

Apium Emoroidarum.

This herbe is called crowfote thys herbe hath leues departed as it were Rãmes fete, thys herbe hathe a longe ſtalke in the myddes, & groweth in watery places, & hathe yelowe flowres.

Apium ranarum.

Thys herbe Apium ranarum that men call water crowfote, thys herbe hath yelow flowres as hath crowefote and of the ſame ſhape, but the leues are more departed, & it hath a longe ſtalke, and out of that one ſtalke groweth many ſtalkes ſmall by the ſydes, thys herbe groweth in watery places.

Triplex domeſtica.

Thys

Thys herbe Atriplex domestica, men call it Orage, or medolious.

Anabulla.

Thys herbe Anabulla men call Spourge.

Acus demonis.

Thys herbe Acus demonis is an herbe that men call Youkenel.

Argentilla.

This herbe Argentilla that mē cal Argentyl, thys herbe hath litel leues sondele rounde, and wythin they be ragged, as it were ꝑ leues of Eufraly, and it growith moche amonge whete, and ther be .ii. spe= ces therof, the moze and the lesse.

Acus mustela.

Thys herbe Acus mustela is called Groundeswelye, it is good for playsters.

Allium.

Thys herbe Allium is called Garleke, the vertue of thys herbe is this. It wyl vnbinde all wicked

wyndes wythin a mannes bodye, and it helpeth a man to make water, but it noyeth a mannes eyes, bycause of the great byndyng and drynkynge, he that hath voluptuosly it drinketh and destroyeth the syght, and it destroyeth and heleth venim withyn aman. Also it heleth all colde sores as it were tryacle. Also it heleth the scabbes and mor phewes or bladders in what maner place they be in a mānes body, so that it be well froted therwyth, thys herbe is hote and drye.

Anisum.

Thys herbe is called anise, the vertue of thys herbe is this, it vnbyndeth the stoppyng of the liuer, and of wicked wyndes, a of greate humoures and encloseth the milte, also it stereth a man to make water and toswete, also this herbe maketh a mannes wombe laxatyue if it be to harde and the sede must be

parched

parched or rosted in al maner medecynes, that it wyll worke the rather, thys herbe is hote and drye.

Hic incipit littera. B. Et primo de Bethonia.

Betyn men do call this herbe, ỹ vertue of thys herbe is thys, yf it be stamped and thã layd to a wounde in ỹ head that is smiten with a stroke it shal heale the wound fayre, and drawe out the brokẽ bones if ther be any as leches do say, also yf a mannes eyes do ake, take the water or the joyce therof, & it shal amende them greatlye. Take Betin and stampe hym and temper hym wyth water or with wyne warmed and dryncke it. x. dayes and it shal destroye any webbe in the eyes of any persone. Also if your eies be waterye, eate euery daye a lyttell betayne, and it

thal do the much good, also if you haue akynge eares, take the ioyce therof & temper it with rose water, and warme it a lytle and droppe it in thy eares and stoppe them wyth wolle, and thou shalt be hole. Also yf thou do blede much at the nose, take and stampe Betine with salte and stoppe thy nose ther wyth and it wyll staunche. And if thou haue sore tethe, wyth Vyneger or wyth Aysell let it sethe well tyl it be more than halfe wasted, than as hote as ỹ mayst suffer it suppe therof, and holde it in thy mouth tyl it be cold. than spyte, it out and do thus ofte and thou shalt be hole. Also for the coughe take the ioyce or pouder of Betyne and medyl it with hony, & make therof a lectuary, and vse it. ix. dayes and thou shalte be hole. And if a man maye not holde hys meat within him take the same me decyne and gyue him. iii. spoonful therof

therof with a spoonefull of water. Also yf a mannes yarde be swolen or that it be sore, take Betayne and stampe it with white wyne tempered and it shalbe hote. Also if a mā be Podagar, take Betayne ℞, sethe it well in water and gyue to hym to drynke and washe hys fete therwith and lay the herbe aboute hys fete on a clothe, and it wyl amend hym much. Also take and take Betayne or pouder therof. ℞ you shal nat be dronken that daye, all these medicines haue ben proued of this herbe. It is hote and dry.

To kepe from...

Balsaminta.

Thys herbe Balsaminta called horse mynte or water wyne or wodemynte, and also thys herbe doth growe in waterye places, the vertue of this herbe is to cōforte a mānes stomake and maketh a mā wel to defie hys meat. Also ỹ ioyce and clarified honye, ℞ Reed wyne

boyled togyther, & it shal do away the cold fro a mānes stomake and wycked wyndes within hym, also the ioyce or els the powder of the herbe dronken wyth Redde wyne hote, maketh women that be wyth chylde soone and esely to be delyuered of theyr childrē, Thys herbe is hote and dryt.

Bleta.

This herbe Bleta is called Betes, and there be. ii. speces therof as Dioscorides sayeth, the one is whyte and the other blacke, ỹ vertue of this herbe is thys yf ỹ ioyce therof be put in the nosethrylles of a man it clenseth a mannes heade. Also it swageth the akynge of the eyes of euery person, it clenseth the heade from nyttes & frō other vermyne. Also it repayreth and amendeth a mannes heare of hys heade also this herbe destroieth botches & bils, also Dioscorides sayeth, yt a

man

man vse ouer muche of thys herb
for it norysheth wycked humoures
in a man for it is hote.

Borago.

Borago is a comon herbe, the
vertue of it is thus. It wyll clense
the reed colour of a man. Also this
herbe is good to destroye the Car-
dyacle, and the postumes that be
gathered of the blacke colour. Also
the water dronke with wyne ma-
keth a man glad and merye, thys
herbe is hote and moyste.

Bugla.

Thys herbe Bugla is called
Brounwort this herbe hath leues
lyke a browne colour with a blew
flower, and som what boistous. the
vertue of this herbe is thus. It
wyll hele wounded in a maunes
head, and if thys herbe be dronken
it heleth & strengthyth the bones
that be broken in a maunes bra-
thys herbe bryseth and destroyeth

the rewme and the asynge of the hed, this herbe groweth in woodes muche and it is hote and dyre

Burieta.

This herbe Burieta is called burnet, the herbe hath blewe flowers as hathe Hayhoue, and hath ragged leues like Tanye leues, ye vertu of this herbe is thys. It wyll destroye the greate humours and laxatyue within a man. Also it openeth the stoppynge within a mannes lyuer, & maketh a man to pysse wel. Also it maketh one to auoyde the yelowe cuyl. Also a poicion of this herbe medled wyth honye and whyte wyne helpeth a babyndery sore throtches of the mouthes & in the tetes, there be .ii. spetes therof, the one groweth on hylles and ye other in medowes.

Burla pastoris.

This herbe Burla pastoris, is called shepeardes purse, this herbe

hath

hath a smal stalke and ful of braū
ches and ragged leues & a whyte
flower, the codes therof be lyke a
purse, the vertue of thys herbe is
thus, drynke it wyth reed wyne, or
with mylke and it wyll staunche ȳ
blody menson, it is hote and dry.

Borago siluestris.

This herbe Borago siluestrys
is lyke to comen borage, but the le-
aues be somwhat smaller and it gro
weth in feldes and in wayes.

Bilire.

This is called byller, The ver-
tue therof is good to lype botches
and it is hote and dry.

Camomilla.

Thys herbe is called Camomyl
the vertue of thys herbe is thus yt
it be dronke with wine it wyl breke
the stone, and it destroyeth the ye-
lowe cuyll. It helpeth the akynge
and the disease of the lyuer, yf it be

B. v. strayned

strayned it helpeth & swageth the sores in mānes mouth, it is good for akynge in a mannes head and for the megrym, thys herbe is hote and drye.

Calamintum.

Thys herbe is called Calamint the vertue of this herbe is thus, it destroyeth a mānes talent, as ypocras saieth, the be. iii. spyces therof, one that is stonye, another that is of the erth, and the. iii. of the water and all they be hote and dry, it that is watery maketh a mā moist, it that is stony maketh a man hote yf ye drynke it, yf he haue dronke any venemous dryncke, thys herbe made in a playster & lay it to a venemes wounde it draweth out venym soone. Also who so drinketh thys herbe. iii. dayes, it shall helpe hym of the yelowe euell. The other is erthly it is helpynge for leperye, the ioyce of thys herbe and it be

it be put into the eares of a man it wyll slee wormes in a mannes hed and comforteth the stomake, and helpeth to defy it, and it wythdra-weth castynge.

Crassula maior.

This herbe is much like vnto Orpyn, the vertue of this herbe is thus, yf it be layde to a wounde by it selfe it shall hele it without anye other helpe.

Crassula minor.

Thys herbe is called stonehore or Stonecroppe, the leues of thys herbe be sumwhat lyke vnto Orpin and it groweth on houses and walles, the vertu of this herbe is thus it wyll make a man to cast.

Cicuta.

This herbe is called Hemlocke or herbe Benet, the vertue of thys herbe is thus, the ioyce of this herbe kepeht maydes tetes smal. also

this

thys herbe ofte dronke kepeth and
destroyeth the great appetyte of le
chetye. Also the ioyce tempered
wyth Swynes greece, destroyethe
the hote Podagre, and swage the
the great swellynge, for it is colde
and dryye.

Centaurea maior.

Thys is named the more Cen-
tory or earth galle, his flowers be
yelowe in the croppe, his vertue is
yf it be sodden in good wine it wil
hele the syckenes in the liuer, it dra
weth out wycked humours in the
mylt, thys hath ben proued, and it
be soden in water it is good to hele
a wounde, yf there be a canker & it
be anoynted therwyth it wyl rote
it hole, thys herbe is hote and dry.

Centaurea minor.

Thys herbe is the lesse Centa-
ry, it hath .iii. braunches compynge
out of a rounde more wyth a reed
floure

flower. His vertue is this, the pou
der or ioyce therof is good, for bi-
tinge of an adder or any venemus
beaste yf it be droken with wyne
and the ioyce is good to anoynte
sores therwith yf ye haue any ve-
nym within you, powne it small &
temper it wyth Aysell and dryncke
it and you shall cast out al the ve-
nym within you.

Caruo.

This herbe is called Caraway
thys herbe hathe leues somewhat
lyke to Fenell with a longe stalke,
and a round sede more than persly
sede. The vertue of this herbe is to
destroye wycked wyndes and the
coughe and it is good for the frē-
sye, and for bytynge of venemous
beastes. Also thys herbe medled is
good for scabbes, and Tetters.
Also it restoreth heare there as it is
fallen away, this herbe groweth
in moyste places.

Celido-

Celidonia.

Thys herbe is called Celondy or Tetterwort, his vertue is as Plinius sayeth yt the byrdes of ỹ swalowe be blynde, the damme of the byrdes fetcheth of this herbe & healeth theyr eyes therwyth, it is good for ỹ cãker in a mans mouth it is good for the toth ache & to clẽse a mãns head, this herbe is hote and drye.

Culamen.

Thys is called Herenote, Dylnote, Skyete or holy wort: he hath leues lyke Fenell with whyte flowers & a smale stalke it growethe in wodes and medowes, hys vertue is to eate awaye deade flesshe this herb put to a sore that lacketh heate, it wyll restore the heare and heale the place.

Colewortes.

This herbe is good to clẽse fresshe wo[u]ndes, the canker, to norysshe synowes, & to heale sore eyes that

be

be almoste syghteles, it encreseth a womans mylcke the toyce tẽpered with Alume and Asell, it swageth the Leper, and it is good to kepe a man frõ dronkenes it is hot & dry.

Coliandrum.

Thys herbe is called Colyandrum the vertue of thys herbe is thys, yf the toyce therof be dronke wyth hony it wyl slee wormes in a mannes body, and hardeth a mannes wombe, the sede is good to do awaye the Feuers that come thre dayes, thys herbe is hote and dry.

Capillus veneris.

Thys herbe is called mayden here or waterwort. This herbe hath leues lyke vnto ferne; but ẏ leues be smaller, & it groweth on walles & stones & in ẏ middes at ẏ lefe is as it were black here, ẏ vertue of this herbe is this it wyl bycke ẏ stone, & it be dronkẽ with wine it distroyeth venym and it is colde and dry.

To breke Stone

Crocus

Crocus.

This herbe is called Saffron, the vertue of this herbe is thus, it wyl destroy all maner of abhompnacyons of mannes stomake, and wyll make a mã to slepe, it is good for many medecynes. and namely for cokes to colour their meat their with, it groweth in gardens, and it is hote and drye.

Centinodium.

Thys herbe is called Sparowe tonge, the vertue of thys herbe is to breke the stone, and it is hote and drye.

Capyfolium.

This herbe is called wodbynd and it hath a whyte flower, ỹ vertue of thys herbe is good to heale Cankered woundes, bladers, and akinge tethe and sores in the toos of a man. Also it is good for the swellynge in a mãnes body that is benimed, thys herbe is hote & dry.

Canabari

Canabaria.

This herbe is called wyld hēpe or holy roppe, it is lyke vnto hēpe his vertue is if a man haue the fe= uer frete well his pounce therwyth and he ſhalbe hole, and it groweth in watery places.

Coſtus.

Thys is named Coſt or leſſe Ge tyn, hys vertue is to heale the ſick= nes of the breſte & of the longes & it wyll breke the poſtume. Alſo it draweth out euil humours of a mannes heade, it is good for a mannes ſtomake.

Cepe.

Is named an Onion, hys ver= tue is to cōfort a mannes ſtomake it purgeth ſomwhat the fleume it neſſheth ſomwhat the wombe. Al= ſo and it be ſtamped and tempered with honye and Aſeyll, it is good for the bytyng of a houde, Alſo the ioyce tēpered with womans milke

is good to hele the akynge of eres. Also the ioyce tempered with anye lycoure is good to drynke for any mā that hath lost hys speche. Also the ioyce put in ỹ nosethrylles breketh oute the wycked rewme and ỹ stoppyng of a mannes head.

Columbina.

Thys is named Columbyne, hys vertue is good for hym ỹ hath the quynsy. Thys herbe muste be gathered in August.

Cominum.

Thys is called Comyn, the leues therof be much lyke vnto Colyādre, it hath many braūches commyng out of one stalke, it is strōg of sauour, hys vertue is to destroy wycked wynde and other euilles, in a mannes stomake, it helpeth to make water, it is hote and dry.

Cardiaca.

Thys is named Cardyacle, it hath leues lyke to blynde nettels & it hath

it hath lytell coddes with sede. hys vertue is good for the falling euil.

¶ Cilara.

¶ Thys is called a frence peas, it hath leues and coddes like vnto other pees but ỹ leues be nat so gret nor so longe, and there be. ii. spyces therof.

Camelon.

¶ Thys is called a wolulsche thistell or a wylde thystell. He hathe whyte leues great & brode & a reed flower, it groweth by wayes, the vertue of this herb is yf thou take this herbe whan the sone is in Capricorne, and the moone be newe: while thou beresi it aboute ỹ there shal no myschefe the befall.

Cauda pulli.

☞ Thys is named Coltes tayle, this herbe hath leues lyke to wyld comin, but they be nat stalked like

Cabachis.

☞ This is named frēche wortes it is hote and drye.

Caulus gallica.

☞ Thys is named wylde Tanſy

Caulus agreſtis.

Thys is an herbe that men call Gland, or Kouratum, the leues be lyke vnto plantine but they be nat ſo muche, it hath a white flower & groweth in waters.

Cimbalia.

Thys herbe men do cal it Peny wozte, thys herbe hath rounde leues, it groweth on walles.

Conſolida maioz.

This is named Cõfery, it hathe leues lyke to Hozſhelme, but they be nat ſo white, there be two ſpeces therof One wyth a whyte flower, the other with a reed, Hys vertue is yf a man be bzoſen oz bzoken with in take the rotes of this herbe and roſte them in the aſſhes and let the ſycke eate therof faſtynge. iii. and he ſhalbe hole. Alſo it helpeth to gather bzoken bones, it is hote and

moyſt

moyste, and it bereth blacke sede.

Consolida minor

Thys is called dayly or Wzoulwoxte, hys vertue is yf it be stamped and layde to a botche, it shall hele it and bzeke it, for it is a spyce of the Confery.

Consolida media.

Thys herbe is called Wethyn, thys herbe hath longe leues and a lytel endented and a white flowet and the flowet is somwhat lyke to the Dayly.

Chic incipit lettera D. Et primo de Dzagantia.

DRagaunce or Serpentine this herbe is called. The vertue of this herbe is this yf it be stamped and dzoncke wyth wyne, it dothe awaye all maner of venym. Also it doth awaye the akynge of eres yf they be anoynted therwith. Also the pouder therof blowen in a mannes nose, shall cle

le a man of the Reume, and it is good to destroye the coughe, and to destroye the canker and the fretyng of wrcked windes this herbe is hote and moyste it muste be gathered in June and July.

Diptanum.

Thys is called Detander or detayne, The vertue of thys herbe is thus, yf it be dronken it wyll delyuer a woman of a dead chyld Also thys herbe wyll draw out a thorne or an yron out of a mans body, it is hote and drye.

Dancus alintus.

This is called Danke, his vertue is to heale the dropsy, & bytyng of venemous beastes. Also it openeth the stoppyng of the lyuer and of the mylte. Also it vnbyndeth the wombe and maketh it laxatiue it is hote and drye.

Dens leonis.

Thys herbe is called Dandelyon, the

on, the vertue of thys herbe is, the
Woze is good foz the feuer quoti-
dian.

Dens canis

Thys is named houndest othe
it hath leues like to dandelion but
they be lesse and the braunches be
nat lyke and they droppe mylke.

Daucus creticus.

Thys herbe hath leues lyke to
wylde popy, but the leues be moze
whyte, it hathe a flower of purple
coloure and it growethe in wheate
thys herbe is hote and drye.

Dragancia.

This is named Dragaunce fe-
mell, it hath leaues lyke to Rewe,
but it hath whyte spectes it hathe
an euen stalke the length of .ii. Cu-
bites, and it berethe [illegible] a
a cluster of Grapes, and they be
yelowe it growethe in moyst pla-
ces, the vertue is yf it be stam-
ped, and medled wyth Oyle and

ut into the eyes of a man it shall
do awaye the akyng e therof. Also
the moze therof and the moze of the
whyte Onion stamped therewyth
and tempered with honi, it healeth
all wo[u]ndes that the Canker hathe
be rysen in. Also who kroteth hys
hãdes with ẏ moze, yf it be ĩ Ma[y]
without doute he may take adders
they shall nat venim him. Also the
ioyce destroyeth ẏ darkenes about
a mannes eyes, yf they be anoyn-
ted therwith. Also yf the ioyce be
dronken with wine it destroieth le-
chery, and it is moyst and colde.

Hyncipit littera. E. Et primo
de Enulacampana.



Enulacãpana is called
horshelme, the vertue
of this herbe is thys yf
a man haue waggynge
teth and he eate of thys herbe, they
shall kasten agayne; it helpeth a
man to make water yf it be dron-
ken

ken it deliuereth a womã of a dead chylde, it is good for the chough it hardeth a mãs wõbe it is hote and moyst.

Endiuia.

Thys herbe is called endiue or louthystle, hys vertue is yf ỹ ioyce therof be medled wyth hote water & dronken it helpeth the stoppynge of the mylte and of the lyuer. It is good to heale the oelowe euyll and ỹ feuer tercian. It is good for hole postumes and for to swage greate hetes of the lyuer & of the stomake and it is colde and moyste.

Eruca.

Thys herbe is named Skyrwyte, This herbe hathe leues lyke to Bylletin but they be not so lõge & it hath a greatter moze, hys vertue is the leues be good to heale a mannes mouthe, yf it be holden longe therin. Also the ioyce of thys herbe sodden & afterwarde dronken

it

it destroyeth the blacke colour.
Also this herbe oft used stirreth a
man to lechery and to make water,
Also the moze stamped and medled
with oyle and hony cleanseth a man
nes chynne yf it be anoynted ther-
with. Also the iuyce therof dronke
delyuereth men and women of the
coughe, foz it is hote and dzye.

Eufrasia.

Thys herbe is called Eufrasy,
it is good foz eyes and hath a lyt-
tell ragged lefe.

Ebullus.

This herbe is called walwoꝛt,
it hath leaues lyke to Elder leaues
it hath a longe stalke, the vertue of
thys herbe is good to destroye the
dropsy, scabbes and tetters and it
drawth away wicked humours
out of a man, thys herbe is hote
and dzye.

Edera.

This

Thys herbe is called Jup, thys herb is lyke to bzayn, & vertue therof is. If it be sodden in wine, tyl it be thycke, & then lay it al hote to a botch and it shal bzeke it. Also if ỹ haue ōny akyng in the head take ỹ ioyce therof & oyle of roses & white wyne & medle it together & anoynt thyhead therwith and thou shalbe hole therof. Edera terrestris.

Thys is an earth Jup, it hathe leues lyke to Catmynt but they be not so muche, and hath a reddy flower, ỹ vertue of thys is yf it be sodden in swynes grece, it is a good oyntment for al maner aches.

Enforbium.

Thys is called Clary, this herbe hath leues like to Sauge but ỹ leues be broder & rounder, his vertue is if he be put in potage it wyll make the flesche tender.

Elleborus albus.

Thys Pellyter of spayne, or longs

lungewozte. Thys herbe hathe leues much like to pedelion, but thei be not so much slyt without and it hathe a flower as it were a Parsneb, hys vertue is if he be put into the nosethzylles of a man , it wyll make hym to nese. Also it healethe scabbe, the mozphewe, and tetters. Also it purgethe a man of wycked coloures of the flewme, and of the Emerodes yf he be layd to ỹ place that is deseased. Also foz the tothe ache it is godd yf it be sodden in Well and kepe it as hote as he maye suffer in hys mouthe and it good to purge a mannes stomake and wombe. Also the powder therof putte in grewell shal slee wozmes and the ioyce medled wyth nylke sleeth flyes, it is hote and dzye.

¶ Elleboz̄us niger.

¶ Thys is called Pedelyon hys leues be muche lyke to lungewozt but they be not so whyte, & it hathe a bzode

a brode flower & a blacke rote, hys vertue is if it be made in pouder it wyl destroye and flee rattes & thys herbe is hote and drye.

☞ Epatica.

¶ This herb is called lyuerwort, hys vertue is to destroye & clense ỹ hardnes of ỹ lyuer. Also if it be medled wt̄ fresh grece it wyl hele woũdes and it is good to hele the feuer quartayne. Erpina

Thys herbe is named Forgloues.

☞ Ebulus minor.

☞ This is the lesse Walwort. It is somwhat lyke to Walwort and the leues be a lytell redde.

¶ Hic incipit litera. F. Et primo de Flãmula.

Flammula is called Spere wort or Launcell it is muche lyke to a spere and in the crop of the stalke commeth many kayes & small braunches and it hath

it hath a white flower and it groweth in waters, his vertu is yf a mā haue the feuers and the poūces of him anoynted therwyth he shalbe hole, & it is good to breake botches and byles and it is hote and drye.

☞ Fumus terre.

☙ Thys herbe is called Fumitory or erth Gall, hys vertue is to cōforte a manes stomake. Also it gyueth a man appetyte to meate and it helpeth a man to make water, & it openeth the lyuer, and it clerethe a mānes blode. Also yf any drynke therof with whet, it destroieth scabbes, ytches, bladders, and wycked humours, it is hote and dryc.

Fumicretum.

¶ Thys is called Fumicrete, this herbe hathe a longe stalke, and it hath leues lyke to thre leued gras and it hath coddes, hys vertue is yf it be soddē in water it maketh a man laxatyue without anye perell

and

and is hote and dyre.

Fragra.

Thys is called Straubeyre, the vertue of this herb is good for blerd mē. Also it is good to destroye the webbe in a mannes eyes. Also the ioyce of it medled wyth hony & dronken heleth the mylte.

Fabaria maior.

Thys herbe is called Brockelēpe, thys herbe hath leues lyke vnto Bēstede, & it groweth in waters

Fabaria minor.

Thys is the lesse Brockelenipe it hath leaues in maner longe and somewhat rounde lyke to myntes This is good to lay to a place that is broſed or to be wellynge yf it be fryed with shepes talowe.

Filix.

Thys herbe is named Ferne, of this be .iii. speces. The fyrste is Pompody the secōde is Osmunde and it groweth in dyches and wod

des

des, and it hathe a greate moze, as pynapples, it is good to heale broken bones. The thyzd is Euferne, and it groweth in walles, & Polpody groweth in Okes, it is good to make a man laxatyue. This ferne groweth in woodes, it is good to heale the Podager. And it maketh synowes stronge.

Filipendula.

This herbe is called dzopwoze the vertue of it wyll destroye the wycked wyndes aboute a mannes lyuer and hys mylte and it is good to destroye the stone, it is hote and dzye.

Feniculum.

Thys herbe is called Fenel oz Fenkel, the vertue of thys herbe is this, yf the sede be dzyed it is good and comfozteth the stomake it openeth the stoppynge of the raynes of the blader. Also ỹ toyce is good to do awaye the webbe of the eyes of a man

of a manne, and it be dronken with wyne, and water, it is good to do away all maner of benym. Also the joyce dropped in the eres of a man, it wyl slee wormes in a man. And also if it be dronken with wyne yt wyll breake the dropsye and al maner swellyng, and kepeth hym frō castynge, and if it be dronken with wyne and water, it maketh a womans mylke to encrease. Also if yt be medled wyth oyle it ys good to hele a mannes yarde that is swollen. And this herbe is hote & dry.

Faxinus.

Thys herbe is named Yertwod, hys vertue is if he be pownd and layde to a sore, it wyll heale it.

Feniculus poeticus.

Thys is called wormelede. It is goodto destroy wormes in a mānes body, this herbe is hote & dry.

Febrifuga.

Thys named Fetherfoye, hys

vertue is to comfort a mannes sto
make it is good to alwage ỹ ares
cotidian, the cramp, and to temper
it that commeth of colde stomakes
Also it is good to lay to a sore that
is bitten wyth venemous bests It
wyl hele it shortely and it be layde
therto. Also if it be tempered wyth
Aysell it wyll do a waye the Wor=
phewe . Also if it be stamped and
layd to a wounde in the whiche be
broken bones, it shal bring the bro
ken bones togyther and heale thē
& the rote therof is good to stopp
the blody menstion. And this herbe
is hote and drye.

Filago.

Thys herbe is called Feldwort
or Hore worte it is a lytell herbe, &
it groweth in whete.

Flamenula.

Thys is called the lesse Spers
worte, this herbe hath smal leaues
lyke gras , but it is sharpe lyke a
spere

spere and it groweth in feldes, hys vertue is yt a head be cutte it wyll heale it anone.

Hic incipit littera. G. et primo de gratia dei maior.

GRatia dei maior, this herbe is called the more Gratia dei.

Granum.

This is Gromel or Lyche wale the vertue therof is good for the stone, and for al euilles in the bladder. Thys herbe is hote and drye.

Genestula.

This herbe men do call it Genestre or brome it hathe leues lyke to Spyngeruell, and it hath a yelowe flower his vertue is to knyte bones and synowes to gyther.

Gencianus.

Thys herbe that mē do cal Felwoxte or Balmoyne, hys vertue is yt it be dronken with water and

and hony it helpeth the swellynge in a mannes body, in hys stomake & it is good for venemous beastes, & it delyuereth a woman of a dead chylde, it is hote and drye.

Galanga.

Thys is named Galingale, the vertue of thys herbe is thus, it cõforteth the stomake & maketh hym well to degeste hys meate, and vnbyndeth and letteth oute wycked wyndes of a mannes body.

Granum solis agrestis.

Thys is called wyld Gromel, it is somewhat lyke to other Gromell, but ỹ sede therof is somwhat graye it groweth in dyches, & it is good for the stone.

Gladiolus.

Thys herbe is called Gladon, the vertue of it is good to make a man to cast.

Hic

Hic incipit littera. H. Et primo de herba cruciata.

HErba Cruciata is a herbe ỹ men cal Crō-wort̄e this herbe hath litle leues and a smal stalke wyth white flowers, and it is like to a crosse, thys is good to heale woundes.

Herba cristofori masculi.

Thys is called Cristofer, the male it hath leues like to the Crou slope, but they be more whyt and nat fully so longe, it hathe yelowe flowers, hys vertue is to heale the Epylence and the frensy.

Herba Cristofori femini.

Thys is named Cristofer female it hath leues lyke to herbe Peter, but they be nat in all so whyte and it growethe muche by the waters syde it hath a longe stalke.

Herba walteri.

Thys is herbe walter, it hathe

leues lyke to Persly and the leues be lũ what chycke fatte and thẽder.

Herba Roberti.

Thys is named herbe Robert, it hathe leues lyke to herbe Brnet and it hath small flowers lyke to purple coloure, and it hath a strõg sauour, hys vertue is to hele woũdes, ỹ pouder of it wyl slee cãkers.

Herba Martis.

Thys is called Mortagon. It hathe leues like to the capitall letter. M. and some braũches hath. ix leues and some. x. and some more.

Hastucaregia.

Thys is named Wooderofo yt the more therof be stamped & dronken wyth wyne, it wyl heale a sore in the mouth. Also ỹ sede stamped and dronken wyth stronge Aysell wyll staunche the Flyx and make the wombe harde.

Herbe Petri.

Thys is named the Coullope

Herba

Herba Johannis.

This is called saint Johānes worte the vertue of it is thus, yf it be put in a mānes house, ther shall come no wycked spiride therin.

Hic incipit litera. J. Et primo de Iusqbianus.



Iusquiamus is called Henbane, his vertu is good for ỹ gout, & nameliye those ỹ come of melācoli. Also the sede therof and the sede of Humlocke medled to gyther & a candell made therof, or brent vpon a tyle stoone, and let the smoke go vp into a mannes mouth in especial amonge the teth, and it wyll slee wormes. Also the rotes be good for the toth ache, Also the toyce therof is good for al woundes. Also it swagethe the coughe and the hote postume, and the hote Podager. Also the sede of

thys herbe shulde be gathered in ỹ moneth of August. Thys herbe is colde and dryе.

Isopus.

Thys herbe is called Isope, his vertue is if a manne take the ioyce therof, and put it in hys mouth, it will heale all maner of euils in the mouth. Also it sleeth wormes in a mannes wombe & maketh it nesh Also if it be dr̄oken grene or ī pouder it maketh a man wel coloured it is hote and dryе.

Ireos.

This herbe is called Saue, it hath leues much lyke vnto the flowerdelyce, and it hath a whyte flower, it growethe in water, the vertue of it is good to heale the akyng of synowes. Also if it be dronken wyth wyne or ale, it wyll destroye wicked humours in a mānes brest and the coughe. Also it destroyeth

the

the trampe, it healeth the bytynge of venemous beastes. Also if a woman haue a dead childe within her it wyll delyuer her wythout peryl, it is hote and drye.

☞ Iris.

Thys herbe is called Flowerdelyce, thys is lyke to an herb that is called Saue, almost in al fetures, but the flower is more ynde blewe, thys herbe groweth in water and gardyns. It is of the same vertue that Saue is of.

Iatus.

Thys herbe is named Cockopyntell thys herbe hath leues lyke Mercury, & a flower lyke to Dragaunte, and it is bytter and prickynge vpon the tonge, hys vertue is yf a mā haue any swellyng vpō the tonge or any swellynge aboute hys eres, take the herbe and sethe it wyth Tuberosetatibus in wine and oyle and wyth comyn & make

a playster

a playster therof and laye it to hys eares & it will make him hole. Also take the knobbes of the rote, and drye them and clense thé, and they haue vertue to make a man laxatiue yf it be constypulatyue. Also yf thou wyll make thy face whyte & clere take the powder of the rotes and laye it in rose water, and set it agaynste the sonne, tyll it be consumed, do so twise or thryse, than rub thy face wyth the powder or what other place thou wylte, to frete awaye the superfluite of the flesshe Thys herbe is hote and drye.

Salia nigra.

Thys is called Madelelon or bulwede or knapwede.

Salia alba.

Thys is called Golegras or wyld tansy, it is good for clensing of a mans lymmes.

Spia maior.

Thys is named Pympernel, it

hath

hath leues like to Cheken meate it is good to heale woundes and to destroye venym and to hele a man of the postume & to heale loze eyes

Ypia minoz.

This herb is called Chekē meat.

¶ Jacinctus rusticus.

¶ Thys herbe is called Blewbe tyme oz andode oz Haubowe.

Hic incipit littera. L. Et pzimo de herba Lanisticum.

LOuage thys herbe is called, his vertu is muche in the sede the moze therof is good to bedzō ken w wyne to heale a manes sto= make, & foz other euylles wythin a man, and foz to make good dege= styon, it is hete and dzye.

Lingua ceruina.

This is called Hertis tonge, ꝑ ver tue of it is good to ripe a postume

and

& breke it yf it be sode wyth oyle of Roses and a playster made therof and yf it be dronken wyth wine or ale, it wyll harden a mannes wom be and it is hote and dry.

Lilium.

Thys is called the Lylie, ỹ vertue of thys is yf it be stãped wyth talowe & oyle and a playster made therof and layde to a place there as the postume is, it shall rype it & make it to breke. Also take a great quantyte of the rotes and the sede of the Docke, & the more of Louache and putte al these in wine, and oyle, the space of .ix. dayes and afterwarde sethe it and clense it, and do therto were and make therof an oyntment, and that is good to hele the sore & the hardnes of the mylte. Also ỹ joyce therof is good to hele the venym of adders. Also laye the joyce therof to a wounde that is

bitten

bytten and it wyll hele it, also take the rotes and roste them and temper them with oyle of Olyue, and laye it to a place that is brent, and it wyll heale it. Also this herbe is good for many other thynges and deseases yf it be dronken wyth ale, wyne or water. Also it healeth and comforteth muche a mannes sinowes. The vertue of thys herbe is in the Wores, and thys herbe is hote and drye.

Ligustum.

Thys herbe is called Primrose, thys herbe is good to potage. Also the ioyce putte in a mannes nose it wyll destroye Negrym.

Lingua bouis.

This is called langdebeke the vertue of thys herbe is good to do away ỹ redde colour of a mã. Also yf it be dronken it dothe away the Cardyacle and other wycked humoures in a mannes longes. Also

the

the iuyce of this herb dr̃ken wyth hote water, maketh a man to haue a good minde and good witte, this must be gathered in June or July, it is hote and dr̃ye.

Lingua serpentis maior.

Thys is calley Adders tonge, this herbe hath leues lyke to Affodyl, but they be more grene, and also more sharpe in the ende, thys must be gathered in Apryll.

Lengua serpentes minor.

Thys is called the lesse Adder tong, thys herbe hathe leues somewhat lyke to Pygyll, and it hathe a yelowe flower and out of the stalke cõmeth many branuches and it groweth in wodes.

Lingua canis

This is is called hundestonge, it is good to destroye the couge & the possume, & it wyl rype a boche

Lingua hiccina.

This is called Buckeshorn of

Swynesket

Swynesserce thys herbe hath leues falsted as it were an Hertes horne, and growethe crepynge by the grounde, and it hathe a lytteil whyte flower, it groweth in watery places.

Lupinus.

Thys is called Lupyne, thys herbe hath leues like to fyue leued gras, the Lupine hathe. vi leaues and it hathe a whyte flower, and a whyte seede that is somwhat lyke and it bereth coddes somwhat like vnto Bene coddes, the vertue of thys herbe is thus. yf a man haue wormes in hys wombe, take the sedz and make mele therof and the ioyce of wormewod and hony and make a cake therof and eate it and it vnbyndethe the stoppynge of the liuer & of the mylt. Also it is good to destroy ỹ dropsye. Also take the same mele & the ioyce of Arsmerte and make therof past and lay it to

thy eares

thy eares and it shall kyl the wor-
mes within them, or if thou make
a cake & hete it, it wyll do the same
Also if thou wyll take the toyce of
Lekes and temper it with the mele
and put it in thy eres, it shal clense
them fro al wycked humours and
stynkyng. Also take the same mele
and tewper it with oyle and it wyll
breke and rype al maner of postu-
mes, thys herbe is hote and drye.

Labrum veneris.

Thys is called Southystel, the
vertue of thys herbe is thys, yf a
man haue a hote feuer, take the
toyce therof & temper it wyth hote
water and let hym drynke it and he
shalbe hole. Also if a man haue ve
nym within him, take thys herbe
and drye it and make pouder ther-
of and do the pouder in goodwine
and let hym drynke it and it wyll
cast vp all the venym, it is hote &
drye.

Lauen-

Lauendula.

Thys is called Lauẽder, yf this be soden in water gyue that water to a man that hath the palsy and it wyll hele hym, it is hote and drye.

Lactuca.

Thys herbe is called Lettyse or slope wozte, the vertue of thys herbe is thus. If it be eaten rawe, or soden it engendzeth good blod. Also thys herbe soden with a lytel Anell and Saffron and that dzõken, it helpeth a man that is stopped in the lyuer and in the mylte. Also yf a man may nat slepe, take the sede of thys herbe and stampe it to powder and temper it wt womans wylke and make a playster therof on lynte, and laye it to ỹ tẽples of thy heade, and thou shalte slepe well, or els dzynke the pouder therof with wylke.

Also take the sede & temper it with oyle of Roses, and make a plaster

and lay it to the stomake, and it is good to destroye the hote postume Also drinke the iuyce of thys herb or pouder of the sede for it is good to hele the fire. But who ỹ vseth thys herbe ouermuche, it wyll destroy theyr syght, this herb is colde and sumwhat moyste.

Lactuca siluatica.

Thys is called wylde Lettyse, thys herbe hath leaues lyke to the thystell, and they be sharpe & kare and it hath a flower of purple colours and it groweth in feldes and in wyldernesse. Thys herbe is hote and dryes

Lactuca leporina.

This herb is called Harethystell this herb hath leues lyke to sowthystell, but ỹ leues be nat so ende ted, it droppeth mylke, the vertu of this herbe is thus, yf a hare eate of thys herbe in Somer whan he is mad he shalbe hole also take thys

herbe and ley it to a mannes syde whan he slepeth or els ỹ he knowe nat therof, and it wyll hele hym of the feuers.

Lollium.

This herbe is called Cockle this herbe hath vertue yf it be dronken with Raddysshe and a lytell salte, it is good to hele the Canker or other woundes in peryll. Also it is good to comforte the stomake and the lyuer. Also it wyl vnbinde worines in a mannes stomake. Also it helpeth a man to make water, and it is good for sore eyes. Also sub-fumigacion therof wyl make a woman to bere her chylde without any peryll or harme. Also it wyl asswage the great paynes of akynge of the lyuer it is hote and drye.

Lapacium rubeum.

This is called the reed Docke, if ỹ a man take the ioyce therof & hold

it in hys mouth, it wyl aſwage the toth ache. Alſo yf a man haue the kynges euyl, take this herbe & ſeth it in wyne and ſtrayne it and giue hym to drynke and he ſhalbe hole yf he vſe it ofte. Alſo yf a man rub hym wyth the toyce, it doth awaye euyll ytchynges. Alſo thys herbe is good to delyuer wyndes that be ſtopped in a mannes ſtomake bal kyng. Alſo thys herbe is good to make ſcabbes and botches ripe. Alſo it is good to make a mã to haue a harde wombe, it is hote and dry.

¶ Linum.

This is called Flex, it is good yf a man take the ſede therof & ſeth it in water, it maketh a man laxatiue, and it is good to make a playſter therof for akynge ſores. Alſo ther is another ſpece therof that is called Cuſtula, it is named in Englyſhe dodure, and it groweth amonge Flexe, the vertue of this is

good

good to purge a man of the colour Also yf it be take and a great quã= tyte therof sodden in Wyne and oyle togyther, and a playster made therof, it is good for the raynes & for the brest, and for other akynge lymmes.

Lauriola.

Thys is called Lawrell, it wyl make a man laxatyue & it is good to purge a man of flewme and of the colour, it is good for a mã that may not eate, for if the ioyce therof be put in hys eres, or if ỹ layd herbe be stamped and a suppositorye be made therof and layd on cotten it wyl hele, it is hote and drye.

Liquiritia.

¶ Thys is named Lycorys, the roote of thys herbe is swete and it moysteth ỹ kyndely hete of a man and it is good for the coughe. Also yf it be sodden in water, it wyll destroy a mannes thurste. Also it ma

keth a mannes brefte, hys throte & hys longes, moyst and in good tẽ= per. Thys is colde and moyst.

☞ Lappa.

Thys is called Clote, or Burres Lappa amerſa.

❧ Thys is called a clote.

L: De littera. M. et primo de Millefolio minore,



Yfoyle ꝑ leſſe this her be is called. There is no dyfference of kynde nor vertu betwene mil foly the leſſe, and myl= foly the more, ſaue the more groweth in gardens, & the leſſe in wylde place they be both of one ſtrength hys vertue ſhalbe declared in Mil foyle the more folowyng by letter.

Mercurialis.

☞ Thys is called Mercurye, hys vertue is good if a mã haue akige in hys woumbe, gyue him to drinke the

the ioyce and he shalbe hole, it wyll clēse the stomake and the sede wyll do the same. Also the ioyce tempered with whyte wyne is good to heale soze eyes, and yf a wozme oz other venym haue bytten a man. take the ioyce and warme it, and washe it. Also yf there be any wozmes cropen into a mannes eares, take ỹ ioyce and warme it and put it into hys eres and he shalbe hole Thys herbe is hote and dzye.

Menta.

☞ Thys herbe is called Minte, hys vertue is yf it be ofte eaten, it will slee wozmes in a mānes wōbe Also if a mā haue botches oz other rennynges oz swellynge in hys heade, take thys herbe and stampe it and lay it to the soze and it wyll hele it. Also yf a mānes tothe oz the flesshe of ỹ tothe ake oz stinke, take thys herbe & sethe it in whyte wyne and in Aylell, and take ỹ lycoure &

walshe his mouthe therwith, than take the pouder of the herbe and rube well hys tethe therwyth, & he shall haue a swete smelling mouth Also take thou thys herbe & Aisell and make sauce, and it wyll make the to haue a talêt to thy mete, also whé there shalbe gyuen any medecyne to destroye venym, it wyll be good to be gyuen with the ioyce of thys herbe, for it hath many vertues and namely for veni, there be manye spyces therof and it is hote and drye.

Wenta romana.

Thys is named white Wynt, the vertue therof is the ioyce, it wyl slee wormes in a mannes wombe. Also the ioyce wyll slee wormes in the nosethrylles of a man. Also the pouder therof caste in a mannes meate, it shal make hym wel to dekye hys meate,

Walua.

Thys

¶ Thys herbe is called Malow the vertue of it is good yf the leaues be stamped and layd to a mannes stomake it wyll breake a hote postume in the begynnynge, or els medle thy herbe wyth freshe swynes grece and laye it on a hote tyle and lay it al hote to the postume & it shal rype it and breake it. Also it is good to destroye the hardenes of a mannes liuer and mylte. Also it wyll make a man laxatyue, and it is good for playsters, it is colde and moyste.

¶ Morell or nyght shadowe.

¶ Thys herbe is colde & dry in ỹ ii. degre, the leues, the braũches & the frute therof be ryght good and beste whan they be grene, they be good for stoppinge of the Splene and the lyuer, & beste for the Jandesse to drynke the ioyce of it wyth a lytell Ruberbe. Also for a postume in the stomake, in the bowelles

or in the iuyce seth the toyce therof with barly water and drynke it.

¶ Mastyke.

☞ Thys gūm is hote & dry, in the secōde degre It is a gūme of a tree growinge in a parte of the countre of Grece in the latter ende of Uere the men of that countre slit the trees and than make the grouude clene aboute, and lay clothes rounde aboute the trees, or some other convinge to kepe the gumme from the grounde in clostynge of it, to know whiche is beste to take, the beste is whyte and clere, the whyt coloure is nexte the best & ỹ is medled with erth & sūwhat datke, ỹ beste mastyke he hath vertue of cōstraynig, cō fortig clēsig & losing of humours descendynde fro the head aboue to the eyes and to the tethe, and for the deseses of the temples made of and ascendynge wynde fro the sto-

make

make to the head. Take pouder of Mastike, wyth whyte swete wyne and the whyte of an egge & medle them wel togyther and ye wyll ye may put in frankensence and playster it to the themples. Also seths Mastike in water and drynke it & it wyll comforte well the stomake, and make good dygestyon, and it comforteth and relaxeth ỹ stomake and put to it Fenel sede, and it putteth out wynde out of the stomake Also a playster made of Mastyke and Bole Armoniake & the whyte of an egge and vyneger and lay it on the forke of the stomake or brest it wyll cõstrayne well the colorike vanite. Also seth Mastike in rayn water and drynke it wh warme water and thys medecyne is good for the Flux of ỹ wombe that cõmeth of a sharpe laxe that was taken before to stoppe hym. And boyle Mastyke in rayne water, or Rose-

water

watet with two oz thze cloues and dzynke it warme and that comfoz-teth the vompyte and ꝑ flux of the wombe that cõmeth of sharpenes and violence of the medecine. Also Mastike must haue but lytel boy-lynge foz hurtyng of his vertue & it shulde be gyuen warme, foz it cõ strayneth moze whan that it is gi uen warme, Than whan it is ouer much hote.

Wagerum.

This herbe is hote and dzye in the seconde degre, the flowers and leues be vsed in medicines, it shuld be gathered in somer whã it flow-reth, and dzye it in the shadow, It may be kept a yeare, it hath vertue of confoztyng, of losynge, ꝑ consu mynge, and of clensynge. ꝑ the powder of it be dzonke in wyne, oz els boyle the pouder of it in wyne & it wyll hete well a stomake. Also it comfozteth the degestyon. Also take

take ȳ leues and flowers of marge
rum and powne thē a lytell & mak
them hote in a panne, and lay it to
the greuaūce and it taketh awaye
the desease in the stomake that co-
meth of wynde. Also for the rewm
in the head, take thys herbe & bind
it warme aboute thy heade. Also it
dryeth the mother and consumethe
the superfluyte of it.

Millefolium maior, or yarowe.

☞ Kynge Achilles foūd thys her
be, & wyth it he heled his men that
were woūded wyth yron, for woū-
des stampe thys herb with swines
grece, and playster it to the woūde
and it shall hele it, and the same is
good for an ache in ȳ breste or side
it ys good for them that maye not
pysse, take the ioyce of thys herbe
and vyneger & drynke it, and mer-
uelously it helpeth a wounde that
hath take colde. Stamp thys her-
be in butter and lay it to the woūd

and

and it wyll heale it well. Also to di
gest the stomake or that lyeth there
in, take the toyce of it and medle it
with water and honye and dryuke
it warme. Also for deseases in the
body take the pouder and medle it
wyth wyne or wyth good ale and
dryuk it and it helpeth much. Also
it is good for hart bremyng. Also
for the head ache stampe thys her-
be and playster it to the head. Also
for bytyng of a wood dogge, stam
pe this herbe wyth the graynes of
whete and it heleth it. Also for him
that may not holde his meat, stãpe
thys herbe wyth wyne and dryuke
it warme.

Mother wort or Mugwort.

Thys herbe in latyne is called
Artemesia, and it is hote and dry
in the iii. degree, thys herbe helpeth
a woman to cõceyue a chylde, and
clenseth the mother and maketh
a woman to haue her flowers and

to de

destroyeth the Emeroydes on this
maner, Fyrste they muste be
gathered, thé take pouder of Mo-
therwoꝛte and of Hoꝛehounde to
gyther and strawe it on ꝑ pappes.
Also yf a childe be dead in the Mo
thers wombe take Mothetwoꝛte &
stampe it small & make a playster
therof and laye it to her wombe al
cold, and with the grace of god she
shall haue haue deliueraunce with
out perell, It is good foꝛ the stone
and the grauell in the rayues of a
man oꝛ of a woman, yf a mon bere
thys herbe vpon him there shal no
ventmous beste greue hym. It is
good foꝛ the yelowe yaundes and
yf it be dronken wyth wyne, foꝛ it
comfoꝛteth the stomake & maketh
a man oꝛ woman to haue good co-
loure.

Maces.

This spyce is hote & dꝛye in the iij
degre maces be tyndes oꝛ huskes
of gro-

it groweth aboute the Nutmegge as ỹ rinde groweth about the Hasel nutte, it maye be kepte. x. yere i his vertue it is confortynge, dissolu uynge, and consuminge, the knowlege of fine maces is thus, it shuld be in coloure lyke to fyne golde or els like to golde, that syluer is gylt with, the whiche hath a sharpe talage with a bytternes, & it lokethe lyke to earthe, & it is to be refused, for it hath no sharpe sauour, for a colde stomake that maye nat dekye nor degeste well, take maces and boyle them in wyne and dryuke it, Also a good plaster the whyche is best for a feble stomake, make powder of Mastyke and of maces and medele them with oile of roses and wexe and make a playster therof & lay it on the stomake of ỹ seke person. Also to clense the braine of superfluous humours, take a quantyte of Maces and chewe thē well

in thy

in thy mouth and holde them there a whyle, and that shal lose the fumosite of humours that ryse vp to the braynes and purge the superfluite of it. Also for feblenes of the stomake & ỹ lyuer of a colde cause and for ỹ colyke, and for the deseases of the spyrytuall membres, or sewme, boile maces in the ioyce of Fenell and in the ende of the boylynge, put in a lytell wyne, than strayne it and drinke it for it is the beste remedy for the forsaid deseases. And for the ache of the herte, vse powder of maces in thy metes and drynkes.

Menta.

¶ Thys is named ỹ reed Mynte it is hote and dyre in the .ii. degre, and there be .ii. other myntes, but I meane house myntes, the whyche properly is sayde garden myntes, for that moste comonly is in medecines bothe grene & dyre, for great

holsomnes it shulde be dryed in a shadowe place, & so it wyll be kept a yere in great vertue, to dyssolue or lese to cõsum of his proper qualite and to comforte of hys swet sauour, for ỹ stynkyng of the mouth and filthe in the gũmes and of the teth washe thy mouthe and gummes wyth vyneger that mintes be sodenin, and after rubbe him with the powder of myntes or with drye myntes to prouoke the appetite, whã an impedyment of the stomake that cometh of colde humours beynge in the mouth of the stomake make a salue of Myntes and vyneger with a lytell Synamun and peper and vse it well agaynst vomytes that comethe of feblenes of the stomake or of colde causes. Sethe myntes in Sauge water & vyneger and drye it & and laye it on the mouth of the stomake wyth the myntes that be sodden therin.

Also

Also gyue to the patiente to eat of the same Wyntes for the synco-pyne and feblanes in Feuers, and with out feuers, or of medcyne, or of what cause it be, stamped Wyntes with vyneger and a lytle wyne yf the pacyent be wythoute Feuer, and yf he be with Feuer, stampe Wyntes with vyneger alone, thā make a toste of sower breade and toste it well tyl it be almost brente than put it in that lycoure and let it lye there in tyll it be well soked, than put it in to hys nose and rub hys lyppes, gummes, teth and tem-ples therwyth and bynde it to the pulse vaynes of his armes, and let the pacyent eate the moystues that is lefte and swalowe it in. For to clense the mother, take the tender croppes of Wyntes and seth them in water or wyne and playster it to the share, and to the vaynes, a-gaynst the cōgelyng in a womāns

hrest take the smal stalkes of mine etes and sethe them in wyne & oyle and playster it aboute ỹ tetes Also be it knowen that whan any medecyne shuld be gyuen a gaynste venym it shoulde be gyuen wyth the ioyce of myntes for myntes haue a manet of strengthe of drawynge out of venym, or els it shulde be wyth wyne that myntes hath ben sodden in, for stopping of the splen and the lyuer and of the wayes of the bryne of a cold humour and of a hote withoute Feuer, Take the ioyce of myntes alone, or myntes soden in wyne, or the ioyce of myntes medled with hony, and gyue it to the pacyent. To slee wormes in the bellye, take the ioyce of myntes and drynke it, & thou shalte be hole Also ỹ ioyce of myntes sleeth wormes in thy eares. For a tetter take the ioyce of myntes and put therto brimstone and vynegre and medle

them

them well togyther, & anoynte the
letter therwyth and thou shalte be
hole. For a wounde in the heade,
stampe myntes and laye thé on the
wounde. &c. For payne in the syde
take myntes and leth them in olde
wyne or ale & with it stampe. xviii.
graynes of Peper and drinke it in
the night, there be but lyttell dyffe-
rence betwene thys mynte and the
romayne mynte, thys is the garde
mynte.

N. littera et primo de nux muscata.



Nutmygge is hote &
dryt in the. ii. degre, ỹ
best groweth in ynde
and in the time of his
ripinge, it is gathered
and. viii. yeer it maye be kepte, they
that be playne & heupe after theyr
kynde be beste to be chosen. Also
whan they be broken they fall nat
to powder, but they haue a swete

and sharpe sauoure, yf they lacke any of these aforesayd, they be nat good for medecynes, he hathe vertue of comfortynge by his swete sauoure, or coldnes and febleues of degestyon of the stomake, take in the morynge halfe a Nutmige or a hole Nutmegge and eate it. Also for a colde stomake that is feble of degestyon and for the lyuer gyue hym wyne that the Nutmeggis is boyled in. Also for the same boyle Nutmeggis, and Mastyke i wine and dryuke it, thys is good for the deseases in the stomake, and in the bowelles to breake in wynde. Also in the recouerynge of a syckenes to cõforte the spyrytuall mẽbres, bolle Nutmegges and mastike in wyne and drinke it. Also take a Nutmeg and smell to it, and it wyll cõforte the spyrytuall membres.

¶ Napo.

Thys is named Nauewe, it de-

seyzeth

lyzeth grounde that is fattye, and
sandy, it growethe beste in suche
grounde. The propertie of the Na
uewes is he changeth and turneth
into rape, and after that it turneth
into nauewe. The beste do growe
in grounde well dõged and turned
Also it proueth well in places that
stuble of corne hath bene in ỹ same
yere. If they growe to thycke
plucke some vp here and there, so
that the other maye proue ỹ better
and those that ye plucke vp set thẽ
in voyde places. They shulde be
sowen in the ende of Julye and in
Auguste, the beste sauored Nauе=
wes be they ỹ be longe & straynghte
and nat ouer great nor braunches
in the rootes, but a straynght roote,
Also of Nauewes maye be made a
passyng good meate wyth a lyttell
salte and vyneger, hony and mul=
tarde and with swete spices and it
maye be made wythout spyces Na
newes

Naueres be hote in the second de-
gre and they noryshe muche, but
they be hard of degestion, they ma-
ke the flesh softe & wyndy but lesse
wynd than rapes. Therfore whan
ye seth them in water, cast that wa
ter away, and seth them in another
water and so hys hard substaunce
is tempered by that, and so meuely
betwene good and euell they engē
der noryshig, for they that be thus
sodden be nat harde of degestyon,
they make one wyndye, and they
make stoppynge of vaynes and of
poores but yet they be profytable
yf they be sodden twyse and bothe
the waters to be caste away, & they
to be sodden wyth the thyrde wyth
fatte flesh.

❧ Hic incipit littera. O. et primo
de Olibano.

OLibanum is called Frankē
sence, This is hote and drye
in the .iii. degre, it is gumme of
a tre

a tre in Inde, the cleneste is the beste Also there be trees of that kynde growyng in Bamalke, but nat so clere nor good, for it is darker of coloure, therfore it is to be refused in medecine, it hath vertue of comfortinge by hys swete sauoure Also of closynge and cõstraynyng for the tothache that cõmeth of superfluyte of humours of the heade and specially by the vaynes, make a plaister of pouder of frãkensence with wyne & the whyte of an egge, medle them togyther and playster them aboute the temples, Also to stoppe the wayes of the vaynes aboue, take Frankensence and chewe it well in thy mouthe and that shall stoppe and let the flux of humours comyng downe to the nose thrilles. Take pilles of frãkensẽce & swalow them downe in the morynynge, then boyle frankensence in wyne and at euẽ dryncke that whã

thou

thou goest to bedde. Also these pyl
les be good to helpe the degestyon
of the stomake, and good agaynst
soze bolkinges. Also to the confoz-
tynge and clensynge of the Mery-
ce, and helpynge of conceptyon in ꝑ
receyuynge the fume of frākensēce
bynethe. Also boyle poudꝛ of it in
wyne and whan it is metely warm
dippe a cloth in it and lay it so war
me to the shape of the pacyent, and
greatly it comfoztyth the Matrice.

Hic incipit littera. P. Et primo de Pruna.

ALl plumines be colde ⁊
moyste, some be whyte
some be blacke ⁊ some
be redde. They that be
blacke and some what
harde be the beste, they be called
Damisons, and whan they be rype
gather thē and set them ⁊ sprynge
bynegeꝛ

vyneger vpon them, and so they may be kepte in a vessell of woode a yere, and tyste whan they be cut they must be layde in the sonne. vi dayes to dry, these Damsons haue vertue of coldnes and clensyng of the inwarde partes wherfore they be good in feuers that be sharpe & for costyfenes of the belye that cõmeth of drynes or of Colorike humours dryenge, if it be newe gyue it hym to eat, if it be dry boyle it in water & gyue ỹ pacyente to drynke therof, thys is good for the feuer tertian, for stoppynge of the lyuer, for the paundes and sharpe feuers it soteth the bely, it is good for defaute of appetyte, and for many other deseases.

¶ Peper.

¶ This is called Peper, it is hote and dry in the .iiii. degre. There be thre maners of Peper. Blacke whyte, and longe. Dioscorydes

and

and Constantyne sayeth that they be frutes of tres growing in Inde and some saye that Peper is made blacke with brennynge in the fyre for whan it is gathered there be a great multitude of serpẽtes about it, & therfore they put it in the fyre to brenne the serpentes ꝙ be about it, the Marylyus drye it in an oue̅ bycause it shall nat encrese in another lande. But of al the Peppers, the blacke is the beste and the most halsome. Take peper and put it into the nosethrylles & it wyll make the to nese, and sethe peper and figges in wyne and drynke it, and it wyll clense the spyritual membres of tough humours, and it is good for the pose that is taken of colde. Also for the same eat pouder of peper with fygges. Also powder of peper put in a mannes meat comforteth the degestion of ꝙ stomake also put lõg peperi a rosted apple

and

and eate it, and it shal comforte the
degestyon. Also pouder of Peper
wyll kreate awaye deade flesshe or
proude flesshe, & longe, Peper cō-
forteth more thā blacke. Also blac
ke Peper hath vertue of losynge,
comfortynge, and of drawynge, it
clenseth the spyrytual membres of
colde flewme & vycyous humours
and beste whan the pouder of it is
eatē with kygges for he hath great
strengthe of heatinge and comfor-
tynge the stomake prouokynge ap
petyte, but to Sanguyne and Co-
lorike persōs, it is nat good to vse
peper, for it dryeth & brēneth blode
and it engendreth leprye and other
euyll syckenes. Plato sayeth that
Peper is foule to se in syghte, with
out blacke, & within with a sharpe
sauour and a swete odour, litell in
quantyte and muche in vertue.

Pympernell.

Thys herbe is good to hele wou
des

tes and to destroye venym, and to hele a postume and sore eyes.

Pulegium.

¶ This is named Puleol royall it is hote and drye in the .iii. degre In the tyme of flowring it shulde be gathered, and it maye bekepte in his vertue a yere, whan it shall be vsed in medecynes, take ỹ leues wyth the flowers and strype them fro the stalke, and it hathe vertue of losynge and consumynge, forỹ cold humours in ỹ head take pouder of it and hete it wel in a Skellet, and al hote bynde it to the greuance without any lycoure. Also for a great cold taken in the head, and for a tough humor or a watery humoure make a gargarysme, sethe Pulyoll royal a drye kygges in a tarte byneger, a take a good sponful therof as hote as ye maye suffre it, and holde it in thy mouth tyll it be almost colde, than put it

oute

out and take almuch moze, and do
so thze oz. iiii. tymes and that shall
purge thy head wel of flewme. also
sethe it in wyne and dzynke it and
it is good foz the desease of the sto-
make & guttes, and foz colde cau-
ses, oz foz wynde in the stomake.
Also it is good foz toughe flewme
in the bzest, yf thou take pouder of
it, and medle it with clarykied hony
and make a lectuarye therof and
vse to eate therof, oz take the herbe
therof & boyle it with wyne, honye
oz water and vse to dzynke therof.
Also foz the blacke coloure dzynke
ỹ toyce of it, oz boyle it wyth wyne
& thou shalt be hole. Also foz a it-
chynge byle, laye this herbe in wa
ter, and vse to walsche the ytchynge
therin warme & thou shalt be hole.
Also foz ache take this herbe al gre
ne and stampe it & plaister it to the
ache and it wil ease it. Also against
the

the cough boyle thys herb in wine and drynke it luke warm and this wyll make one to ppsse well. For the desease in the bely stampe this herbe wyth comyn and water and lay it hote to the nauel and lightly it shall be hole, for the diseases in ỹ lyuer stampe thys herbe and temper it with water and vineger and drynke the ioyce therof, and thou shalbe hole. For an ache in ỹ legs or armes take the leues of elders & Pulioll royall of euery lyke much and stampe them togither wel and playster it to the greuannce, and it is good for ỹ feuer tercian, yf thou take the braunches of thys herbe & wrappe it in a good locke of wolle and gyue it to the pacyent and let hym smell therto, before the feuer come on hym, and that shall do hī great ease. For the heade ache take thys herbe & bynde it fast round about thy hed and anone it ceasethe

the

the ache. Also yf a woman haue a dead chylde in her wombe stampe thys herbe and gyue her to drynke with olde wyne, and she shalbe delyuered of it, by the grace of God.

For the crampe drynke the ioyce with vyneger fastynge and it wyl put it away.

Pencedanum vel Fenículus porcinus.

☞ This herb is call mayth Hogges fenel or mayden wede thys herbe is hote and drye in the. iii. degre whan thys herbe is gathered for medecynes the roote is better than the herbe whan the rotes be gathered they may be kepte all a yere, it hath a purgynge vertue, it is good for the strangulyõ or the flyxe and good for stoppynge of the splene & the lyuer, boyle this herbe in wyne or water and gyue it to the pacíẽte to drynke. Also sethe it in oyle and wyne and playster it to the share & it wyll

it wyll helpe the straugulion or the flix. Also the same playster is good for hardnes of the splen it molyfieth that. Also agaynst the cold humours of the spyrytuall membres gyue hym to drynke water w barly and thys herbe sodden to gyther and if it be a feruent cold humour than sethe the Barly and the herbe in wyne, and gyue it to the pacyēte to drynke with Lycorice.

Petrocilium.

Thys is called persly, thys is hote and moyst in the thyrde degre It multyplyeth greately mannes blode and doth away the Tylyke, it helpeth well to destroy the Feuer tertian, it is good for the syde and the dropsy, it comforteth the herte and the stomake, and it is good in potage and to stoppe chyckens.

Pertorium.

Thys herbe is calle d pertory &

it is

it is hote and dry, ꝑ vertue of thys herbe is thus. If a man haue an euyll stomake or els akynge within hym, take thys herbe and sethe it in thy potage and eate therof and thou shalt do well. Also thys herbe is good to hele one of the stone, yf he be bathed with it.

¶ Pastinaca.

Thys is called a persneppe, it is hote and moyste in the seconde degre. Ther be two maner of persneppes, the one is the Persneppe of the garden, and the other is the wylde persneppe. They be more vsed to meate thā to medecyne hys vertue is to engēdre thycke blod & much, wherfore it styreth the luste of the body yf it be much vsed therfore it is good for amā that is newly recouered out of hys great sykenes to vse to eate of it a whyle. Also they be good to be eaten rawe or sodden for ꝑ melācoly humours

grene and not drye. To make a le-
cope to styre the lust of the body
and for to comforte the, degestyon
take rootes of Parsneppes & sethe
them well in water, thā take them
out and caste away the water, and
the rotes that be in gobbets, boyle
thē agayne ī water thā put therto
hony well clarifyed and lette them
boyle vnto the thyckenes of hony,
and cōtinually styre it, that it cleue
not to the vessell and in the mydle
of the boylynge, put in almondes
yf ye haue them, in the end of the
boylynge, put in gynger, galenga
le, and a lytell peper & nutmegges
& other swete sauored spyces. Also
Parsneppes may be sowen in De
cember, Januarye, and March, in
fat grounde depe doluen and lose
groūde and beste digged, and they
be somwhat wyndye. Boyle them
in two waters but caste awaye the
fyrst water. Also there is Parse-
nippes

neppes that is somwhat redde, the whiche maye be eaten both rawe & soden, & with thê and Nauewes together ye maye make a very good meate and faire and rede in colour the whiche be sodden as Parsneppes be.

Plantago.

☞ This is called Plantaine, it is colde and drye in the. ii. degre, for head ache take Plantayne & bynd it aboute thy necke, & the ache shal go out of thy head. Also for deseases in the body, sethe thys herbe in good lye out what ye wyll and vse to drynke it and it shall clense the mawe & the other inwardes. Also for him ỹ bledeth at the nose gyue hym to drynke the ioyce of it and it shal cease lightly. Also yf ỹ body of any man be wexen hard. stampe thys herbe with grece and make a playster of it & laye it on the hardnes and lyghtly it shalbe softe and

make it hole. Also for byting of a
serpēt, take thys herbe and drynke
it wyth wyne. Also for the deseale
in the mouth take the toyce of thys
herbe & holde it long in thy mouth
and eat the leaues of thys herb for
hym that maye not wel pysse lethe
this herbe and drinke it. Also for a
rotten humour in the breast and a
boute the harte take the toyce of
thys herbe the wayght of .x. d. and
medle it with honye and giue hym
to eate a sponfull at one tyme and
that shal purge the breste, for ache
in the rete take thys herbe with vy
neger and drynke it. Also it heleth
woundes and cléseth the fylth out
of woundes. Also it swadgeth tan
kelynge and staunchethe the men-
eyons both with drinke and wyth
playsters made with pouder of Ar
moniake and of sandragoune and
Barly medled wt the whyte of eg-
ges made in a playster & layd to ȳ
sore

soze soz the Canker and the payne in the gũmes, take the ioyce therof and medle it with hony and vyneger and pouder of Alume and that shal slee the Canker in the mouth. Also soz the feuers, stampe. iii. Rotes of Plantayne, & tempze it with water and gyue it hym to dzynke that hath the feuers and he shalbe hole, soz the Jaundes stampe Plãtayne and Lettyse togyther & temper them wyth vyneger and make a plaster there of and laye it to thy tyght syde & vse it tyl thou be hole, and it is good soz the bytyng of an adder, dzynke ỹ ioyce of it & lay the substaunce of the herbe to the soze. soz the same hange the rote of plantayne aboute the necke of the pacient and meruelously it helpeth, soz the potager, and soz the disease in ỹ synowes stãpe the leues of it wyth a lyttell salte and playster it well therto, and meruelously it helpeth.

Thys is called a leke, it is hote and dry in the .ii. degre, it desyrethe louse ground and fat and wel dūged in that they shall beste prospyte in hote places and tēperate. They may be sowen in December in temperate places & colde. They maye be sowen in January, Februarye & Marche, whan the grounde is wel dygged and dyghte, and it may be sowen by it selfe or medled with other sedes of herbes in good fatte grounde well dygged and turned aboue it with good dōge, this sede wolde be sowen somewhat thycke and whan they be somwhat sprōg take vp the greatest lekes & plante them in forowes, but take a waye none of theyr toote whan ye set thē in ȳ forowes, but whan ye set them wyth a dyble, than cutte a way the totes almoste vp to the leke head & awaye the vppermost of the leues

they

they may be planted in Julie, Au-
guste, September & October, they
be much profitable in March, and
in Apryll nexte folowynge, but in
your plantynge you shall nat seke
after fate softe ground for menely
grou̅de that is beste & that grou̅de
that is almoste drye is beste, there
is two maner af settynge of lekes,
one is in forowes, ag is the maner
in Bonony and the forowe muste
be fro the other a spanne large, and
the lekes ma ſt be set in the forowe
iiii. fyngers brede eche fro other, &
whan ye make nexte forowe caste
the earth on the lekes and treade it
downe softely with thy fote. The
ii. maner is thus wha̅ the grou̅d is
well dygged & raked than make ho
les with a great dyble & euery hole
fro other a large spa̅ more i which
the lekes muſt be set in, but fyl nat
thy holes nor put earth on the but
let the be voyde. iii. wekes wha̅ we

des growe amonge them pul them vp & kepe thē clene fro wedes. Diuers auctours saye that the Lekes that be thus planted be better thā any other, or they may be well plā-ted amonge great onyons & whan the onyons be taken awaye, wede the leke and you shall fynde them fayre and good and whā ye plucke vp, leue some in a place, & leue some for sede, ỹ whych sede may be kept iii. yere, and it be hanged vp in the hulles, Lekes be beste soden, or. iii. tymes washed before they be eatē. For a woūde take lekes and stampe them wel with hony, and laye it to the wounde, and it wyll heale it. for the cough take ỹ ioyce of lekes vse to drīke it. for ỹ same take ỹ ioyce of lekes & medle it with womās mylke and vse to drinke it, & it wyl clense the longes of al vrces.

¶ Fracturas sotidat duritiasque relaxat.

vul-

vulnusque appositum ceto cū sale claudit.

☞ Piretrum.

Thys is called Pellyter, it is hote & dri in ỹ. iii. degre, the rote is vsed in medecynes, kyue yere he may be kept in his vertu, & know ye wel ỹ hs sharpnes is not knowē, it shold be powned & holdē in ỹ mouth. He hath vertu of losīg & drawīg & of cōsumig. To make a gargarisme take pelleter & kygges & boyle thē ī vyneger or swete wyne & it wil clē se ỹ brain of superflute of flume also if it be chewed in ỹ mouth it helpeth ỹ palsy in ỹ tonge. Also for ỹ Palsye & podagar stāpe it & sethe it in wine & oyle & plaister it to the greuāce this plaster helpeth much therfor if thou may haue grene pelitor stāpe it & lay it soking ī wyne xb. dayes, & after botle it wel & put therto were & otle for this is ỹ best oyntment for al ỹ forsayd desease

Papauer

Thys is called Popy, it is cold and drye, There is two maners of them. The whyte Popye is colde and moyste and it is good to cause one to slepe. The sede therof well gathered maye be kept ten yeare, it hath vertue of clensyng. It is put in medecynes wyth a determynacyon as the sede maye be receyued of whyte popy or black. For to prouoke a slepe. make ye a playster of eche of them or one of them wyth womans mylke and the whyte of an egge and laye it to the temples. The woman of Salerne gaue to yonge chyldren the popye but they wolde gyue them no blacke popye for it made them to much heuy. Also for a hote postume in the begynnynge and for chakynge of the lyuer take the sede of whyte poppye or els the herbe of it and stampe it and medle it wyth oyle of Roses

and

and playster it to ỹ greuaũce. Also for dzynes in feuer etyke, and in other feuers take ā hete oyle of vyolet medled wyth powder of poppye sede, and annoynte the small of the backe therwyth.

☞ Pollipodium.

Thys is called pollipodye, it is hote in the. iiii. degre and dzy in the seconde degre. Thys Pollypodye is ferne that groweth vpon Okes or on walles, or stones but the pollypodye that growethe on okes is the best. Gather the rotes of it and lay it a day in the sonne, chose that is grene, and that which appereth dzy whan it is vzoken it is to be refused, he hath vertue of dissoluing of dzawyng of purging flewme ā specially melancoly, wherfore communely he is put in boylynge and to fleumatyke and melancolyous hole men, he is gyuen to preserue theyr health, and knowe well that

in the

in ȳ boylynge of pollypody ſchuld
be put in ſom: thynge to exclude &
put out ventuoſyte as Anyſe ſede
fenell ſede, or Comin or els al theſe
a forſayd ſedes for thet exclud out
muche wynd and vnbynde the hu-
mours. Alſo for the Cotidian and
for Jitca paſſio and to kepe a man
nes helth, do thus ſtampe halfe an
vnce of polypody or an vnce yf ye
wyll haue it muche laxatyue, than
boyle it with Prunes nnd vyolet-
tes in Fenell water or Anyſe, in a
great quantyte than ſtrayne it and
gyue it the pacyente at mornynge
and euenynge. Alſo ſtãpe it & ſethe
it in water with Fenell ſede and w̃
water, & make a broth w̃ a chekin
therin with ſwet ſauored ſpyces &
gyue ȳ pacyẽt to eate. Alſo make a
drynk therof after this maner ſtãp
it & boyle it ĩ wine & after put mor
wyne therto and ſo make vp your
drynke with ſwete ſauorid ſpyces

Plonium

Thys is called Pyony, it is hote and dryc in the seconde degre, so sayth Ypocras & Galyen the good phylosopheris, thei say that ỹ roote therof groweth to dyuers medecynes and it wyll lacte ten yeres, and it is colde for the palsy, dry the rote and drynke pouder with Caster sodden in wine. Also the same is good for the Stone. Also yf a man be costyue and maye not goo to the draught, take and strowe the powder therof on Cotten and put it in to hys foundement, and drynke ỹ powder in whyte wyne. Also for a man or woman that hath the fallynge euyll eate it and drynke it in wyne. Also hange the rote aboute hys necke and it wyll saue hym withoute doubte wythin. xb. dayes. Also it helpeth the sores in the mouth. Also yf thou sethe it in wyne, it helpeth the splene. Also

drynke

drynke Pyony with water & hony and do therto powder of Colyander and thys is good for the stomake, for the mylte and for grauell in the raynes. Also it is good for women for dyuerse deseases, Also sethe it in whyte wyne and gyue a woman to drynke therof & it wyll hele her bledder & make her to pisse the stone, and it will hele her of the Warris. Also Pyony sede whan it is blacke it maketh delyueraunce of the bed of the childe in her wõbe and at euerye tyme whan he shall vse to drynke it, she muste drynke xb. sedes an tyme.

☞ Q. Litera. Et primo de Quinquefolia.

QUynckfolie is colde & dry ī ỹ secõde degre, this herbe is good for ache in a mannes limmes & for ache of ỹ head, mouth, tonge, and throte, that be sore, take & sethe

this

thys herbe in wyne & gyue the pa-
cyent to drynke therof thre dayes,
fyrst and last and he shalbe hole.
Also stampe it, and drinke the ioy-
ce of it in ale & it wyll ceale the a-
kynge and ỹ gnawynge of a man
or womã. Also yf a man blede sore
at the nose, gyue hym to drinke the
ioyce of it with wine, and anoynte
his head wel with the ioyce of thys
herbe, and anone the bloode shall
staunche. For to se a Canker, seth
it in wyde and the grece of a swine
and make a plaster therof and lay
it on the Canker and it shall se it,
Also take pouder of quyncke koy-
le and medle it with hony and ther
with rubbe thy mouth, tonge, and
throte, and the chekes wythin and
it wyll purge it well. Also for poy-
son and bityng of a serpente take
the ioyce of ỹ Quynckekoyle, and
drynke it with wyne & meruelously
it relysteth venym.

Hic incipit littera. R. and fyrst of Rybewoꝛte.

RYbewoꝛte is good foꝛ ȳ feuer quartayne, take the ioyce of thys herbe and dꝛynke it two houꝛes befoꝛe ye thynke the diſeaſe ſhall come to you and by ȳ grace of God it ſhal go from you.

Rednetle.

¶ Take Redde Netels, and ſtãpe thẽ ſmall & ſethe thẽ in an earthen pot with a poꝛcyon of whyte wyne til halfe be waſted, and giue the pacyent to dꝛynke fyrſt and laſt warme, and laye the herbes to the foũdemẽt, as hote as the pacyent may ſuffer it, and vſe thys medecyne til he be hole.

¶ Roſa.

Thys is the red Roſe, it is cold in the fyrſt degre and dꝛy in the ſeconde degre. Dꝛy roſes and grene roſes

roles be bled in medecynes, and of grene roles be made many confections. Also dry roles be put in medecynes, whan a receyte of roles is made, for they be soone made in powder of roles is made Well roset, Suger roset, syrop of Roses alectuary of Roses, water of Roses and oyle of roses. Well roset is made thus, take fayre purified hony, & newe redde roles the white endes of thē clipped away than chop pe them small and put them into the hony and boile them mencly togyther. to knowe whā it is boyled ynoughe, ye shall knowe it by the swete odoure and the coloure ruffe Fyue yeres he may be kepte in his vertue, by the roles he hath vertue of cōforting, & by the hony he hath vertue of clēsynge. In winter & in somer, it maye be gyuen competently to feble, sycke flumatyke melancolye, and Colorike people. also

Mulsa is made of water and mell roset, and it may be geuē after the iii. day ꝑ it cōmeth out of the bath for to clense the stomake of cold humour gyue him mel roset wyth water that fenell sede is boyled in put tynge therein. iii. graynes of salte, yf the sycke may take it this shuld be the quantyte of roses and hony. Jn. vii. pound of hony put a pouñde of Roses, Suger roset is made thus. Take newe gathered Roses and stampe them ryght small with Suger than put it in a glasse and xxx. dayes let it stande in the sonne and styre it well and medle it wel togyther & so it maye be kepte thre yeres in his vertue. The quantyte of Suger & Roses shulde be thus in. iiii. pound of Suger a pounde of Roses, he hath vertu of cōstraynynge and comfortyng of the flux in the wome. Take Suger roset and powder of Mastyke of euery

one

one a dzame, and medle thē wel to
gyther and giue it to the ſycke oft,
than geue him roſewater that Wa
ſtyke and cloues be ſodden in. Sy
rope of Roſes is madethus, ſome
do take roſes dyght, as it is befoze
ſayde and boyle them i water, and
in the water ſtrayned they put Su
ger and make a ſyzope therof, and
ſome do make it better foz thei put
roſes in a veſſel hauyng a ſtrayght
mouth & they put to the roſes hote
water, and they let it ſtande a day
and a nyght and of that water put
tyng to it Suger they make ſyzop
and ſome do put moze of roſes in
the fozeſayd veſſell & moze of hote
water, and let it ſtand as is befoze
ſayde and ſo they make a reed wa=
ter, and make therof a ſyzope. And
ſome do ſtampe newe Roſes and
then ſtrayne out the ioyce of it and
Suger therwyth they make ſyzo=
pe and thys is the beſt makinge of

syrope & knowe it well that syrope made of fresshe and newe Roses, syrst somwhat meanli thei laxe, in ȳ ende they bynd, but syrope made of dryȝe Roses syrste and laste they bynde Syrope of Roses hath vertue of comfortynge and constraynyng against the flur of the wõbe and the vomyte, gyue it to hym with rayne water or with rose water in a feuer. After letting of blod gyue it him wyth cold water. Also the same for the Syncopyne. Oyle of roses is made thus, some boyle Roses in oyle and kepe it. Some do fyll a glasse wyth Roses & oyle and they boyle it in a caudron full of water & thys oyle is good, some stampe fresshe roses with oyle and they put it in a vessel of glasse, and set it in the sonne x. dayes and this oyle is good agaynste chafyng of the syuer, yf it be anoynted therewyth. Also it is good for ȳ desease.

in the

in the head that cõmeth of hete, a-
noynt the forhead and the temples
with oyle of roses. The water of
Roses hath vertue of comfortyng
and constraynynge agaynste the
flux of the wõbe and vomyte. Also
gyue him Rosewater boyled wyth
Mastyke and cloues it is beste a-
gainst the flux and feblenes of ver
tue, yf it come of a flux by a sharp
medecyne. Also rose water is good
for the Syncopyne and the Cardi
acle gyue it hi to drynke & sprynge
the water on hys face and ỹ water
is good for eyes and in oyntmẽtes
for the face, for it taketh awaye the
wemmes and the superfluyte and
strayneth not the skynne. Also dry
Roses p ut to the nose to smell do
comforte the brayne and the herbe
and quencheth the sprytte. Also
agaynste the flux of the wombe
of coloure gyue hym Roses boy-
led in rayne water. Also a playster

made of roses and the whyte of an egge and vyneger & dyp a sponge in it and lay it on the mouth of the stomake agaynste the syncoppne, gyue hym to drynke water that roses haue ben boyled in, and gyue hym pouder of roses in a rere egge

to make oyle of roses, take.ti.li.of oyle a.li.and an halfe of roses and put all in a glas, and put the glas in a Caudron full of water and hange it therin and boyle it tyl the thyrde parte be wasted, and after strayne it thorough a linen cloth & kepe it for yout vse, for this oyle is losyng and seruyth for many thinges. Some do put rose water in a glas and they put roses with there dewe therto, & they make it to boyle in water, than they set it in the sonne tyl it be reed, and thys waier is beste, thys hathe vertue of comfortynge and constraynynge and for the fluxe of the wombe, and a-

gaynst

gaynst the vompt.

Rosemary.

¶ Thys herbe is hote and drye, take the flowers and put them in a linen clothe and so boyle them in fayre clene water to the halfe and coole it, & dryncke it for it is mouch worthe agaynste all euylles in the body. Take the flowers and make powder therof and bynde it to the eyght arme in a lynen cloth and it shal make ỹ linght and mery Also eate ỹ flowers with hony fastynge with sower breade & ther shall ryse in the none euyll swellynges. Also take the flouers and put them in a cheste amonge your clothes, or amonge bokes and moughtes shal not hurt thé, boyle ỹ flowers in gotes mylke and thã let thê stande al a nyght vnder the ayre fayre couered after ỹ gyue him to dryncke ther of that hath the tyfyke & it shall delyuer hí, boyle the leues in whyte

wyne

wine and wasch thy face therwith thy bearde and thy browes & there shall honorne grow out, and thou shall haue a fayre face. Put the leues vnder thy beddes head & thou shalbe deliuered of al euel dremes, Breke the leaues small to pouder and lay them on a cāker and it shal fle it. Take the leues and put them into a vessel of wyne and it shall preserue it fro tartnes and euel sa-moure, and yf thou sell that wyne thou shalte haue good lucke in the sale. If thou be feble with vnkyne ly swete, take and boyle the leaues in clene water and whan the water is colde ., do thereto as muche of whyte wyne, and thā make therein soppes & eate wel therof, and thou shalt recouer appetyde. If thou haue the flure boyle the leaues in stronge Aysell and bynde them in a lynen clothe and bynde it to the wombe and anone ỹ flu_e shal

wyth-

withdrawe. If thy legges be blo-
wen with the gout, boyle the leues
in water, and than take the leaues
and bynde them in a lynnen clothe
about thy legges and it shall do
the good. Take the leues and boy
le thē in stronge Aysel and bynde
them in a clothe to thy stomake, &
it shall delyuer the of all euylles.
If thou haue the coughe, drynke
the water of the leaues boyled in
whyte wyne, and it wyll heale the
Take the rynde of Rosemary and
make powder therof and drinke it
for the pose and it shal helpe the,
Take the tember therof and brēne
it to coles and make pouder therof
and than put it in a lynen clothe, &
rubbe thy tethe therewith, and yf
her be any wormes therin it shall
sle thē & kepe thy tethe frō euylles.
Also make the a bore of the wod &
smell to it and it shall preserue thy
youthe. Also put therof in thy do-

tes

res or in thy house and thou shalte be withoute danger of adoers and other venemous serpentes. Make the a barell therof and drinke thou of the drynke that standeth therin and thou nede not to feare no poyson that shal hurt the and yf thou set it in thy gardyn kepe it honestli for it is much profytable. Also if a man haue lost his smellyng of the ayre, or els he maye nat drawe hys breth make fier of the wood & take hys breth therwyth and geue it hī to ease and he shalbe hole.

Ruta.

¶ Thys is called Rewe, thys is hote and drye in the .ii. degre, the leues and the sedes be vsed in medecynes ȳ sedes may be kept ten yere and the leues a yere, he hath vertu of purginge, dissolupnge and consumynge, for the head ache take ȳ toyce of rewe and bete it and put it into his nosethrylle for it purgeth

oute

out fleum and clenseth the brayne, the toyce soden with wyne is good for the same. For feblenes of sight put Rewe in a pot with ale and let the pacient vse to drynke of it. For stoppynge of the splen and lyuer, the stranguri & the fluxe, seth Rew in wyne wyth rootes of Fenell, or pouder of Rewe, with the toyce of Fenell, and drynke it warme.
Also for and ache or fretyng, stãpe Rewe with powder of Comin and playster it to the greuaunce. Also agaynste venym, drynke ỹ toyce of Rewe. For bytynge of venemous best or worme, playster Rewe to ỹ bytynge. For feblenes of eye sight styll water of Rewe, and roses, to gether and put therof in your eies Also an oyntmẽt for sore eyes, stãpe Rewe and Fenell togyther of ych lyke muche by weyghte and medle thẽ with hony, and Eufrose and it is good oymente for eyes.

Take

Take Rewe, Comyn, and Peper, of yche like much by weyght, and grynde them small to gyther and medle them wyth hony and vene-ger and it is good for the ache in ỹ breast and in the raynes.

☞ Hic incepit liriera. S. Et primo de Sinapio.

SInapum is called mustar de, it is hote and drie, in the medle of the. iii. degre, and nat the herbe, but the sede, is put in mede-cynes. Fyue yeare he maye be kepte in hys vertue. He hath ver-tue losynge, of drawynge, of mas-kynge thyne, and of consumynge. For the palsy of the tōge take and chewe the sede in your mouth, and holde it vnder the tōge and it shall do you good. Also for the Palsye in other membres sethe the sede in wyne and laye it to the sore place

and

and is beste in the begynnynge of the dyseale. Also take the pouder of it, and put it into your nosethzulles and it will make you to nese and it clenseth the bzayne and superfluite flume. Also sethe it in wine and figges & holde it watme in your mou the tyll it be al most colde thã take as much and do so. v. oz. vi. times a day asmuche another day & this is good foz an olde pose of chough and flumy humour in the the head Also foz stopping of the splen and the lyuer sethe the sede in water wt rotes of Fenel, than strayne it and put therto hony and gyue it to the sicke to dzinke. Foz hardnes of the splẽ sethe the herbe of it in wyne & playster it to the greuaunce foz to rype and bzeke a postume, stampe thys herbe well with hogges grece and laye it to the postume. Also foz Strangury take the herbe of thys

and

and sethe it in oyle and wyne and playster it to the greuance, and it wyll louse it. Also for the Ciatica and for other olde sores take mustarde sede and the thyrde patte of crōmes of white brede, and figges, hony, and vineger, after as the ach of the sore requyreth the more of ỹ fygges and the hony that is there the more sharper is the strength of the sede, and the more bread and vineger that is in it, the more weker is the sede, but I say nat ỹ ye shall put thys confection to al sores but to great and olde sores. Hys vertu if ỹt he be eaten it sharpeth a mannes wyt, it clenseth the bely, it breketh the stone it purgeth the vryne menstrosite, and comforteth the stomake.

¶ Smalage.

Take Smalage sede Rewe sede, Peper and salte and grynde them wel togyther and tempre thē with wyne

wyne and drynke it, for it is good for colde and wycked humours in the stomake and comforteth the sto make the lyuer and the longes, it is good for woundes. For tanke-lynge and to ceale the brennynge and akinge, and to bringe them to theyr kynd againe. Also it is good to drynke for the feuer tercian.

Salua.

Sage is hote in the fyrste degre and drye in the seconde degre the leues onely be taken in medecynes both grene and dry, he may be kepte a yere, there be two manners of Sages, the garden and ỹ wilde Sage, yf thou wilt haue Sage in for medecynes take ỹ leues of garden Sage, for that cõsumeth more and comforteth more thã the other dothe. For the pally, sethe the leues of sage i wine & vse to drike it. For the same sethe ỹ leues i wine & plai ster it to ỹ greuaũce, also it is good

to put in sauce, for the straungury, ꝑ flux, & the mattice it clenseth, sethe the leues in water & let the pacient set ouer it & receyue ꝑ hote fume of it and it shall do hym much good. Also it is good for venym or poy=son, sethe Sage in ale or wine and vse to drinke it .iii. dayes and thou shalt be hole, by ꝑ grace of god. for the stomake drynke ꝑ ioyce of sage with water and honye, & it is good to clense a mannes bodye to vse it bothe rype and grene, it wyll make a mãnes bodye clene, therfore who that vseth to eate of thys herbe, or drynke it, it is meruayle that anye inconuenyence shulde greue them that vse it, If ye haue an ytchinge on you, washe it wel wyth ꝑ ioyce of this herbe & it shal slee ytchyng. Also drinke sage with wyne & a li=tell wormewode and it shall ease the ache vnder the sydes, the wõbe and the stomake, it is good for the

palsy

palsy and dropsy.

☞ Syturela.

Thys is called Sauery, it is hote and dry in the .iiii. degre, sethe it in wyne or water, and dryncke it and it purgeth the raynes, ỹ bladder, the menstruosyte in the bowelles, it purgeth the longes, and loseth greate humoures and compellethe and putteth hym out by the mouth by spytynge, therfore he is brennynge and styrrethe hym that vseth lechery, therfore it is forbyde to vse it muche in meates. Soke it in vyneger or wyne and dryncke it and it shall make the haue a meke stomake. Also whan it flowereth it shuld be gathered and dried & pouder made therof. Also take ỹ pouder of sauery & boile it w̃ clarified honi & vse to eate therof, or boile it in wyne, & drinke it, and it wyl lose toughe flum in ỹ brest. Also for kretynge in thy bely dryncke pouder of

it in warme wyne and thou shalbe hole. Also if ye take the lesse sauery it hath the same vertue & strengthe that the other Sauery hath. Also make grewell with water and flu-wer, and pouder of Sauery & eate therof & that shall clense all ỹ spiri tuall membres of a man.

Saxfrage.

Thys is hote and dry in the. iii degre, for the stone, sethe the rote of it in wyne and drynke it. Also it is good for the desease of the colyke & the strangury, and the pouder of it be tatē with an egge, it is good for the same. It maye be kepe in hys vertue. iii. yere.

Scabiosa.

Thys is called Scabias, it is hote and dry in the. iii. degre, to dri it ther is no profyte in it, for scab-bes take ioyce of it, Wyneger and oyle, and boyle them to gyther tyll they were thycke, and kepe it for it

is

is good for scabbes. For the Emerawdes sethe them in water, than set ouer it and take the flume of it and vse it & thou shalbe hole, stãps it and sethe it wyne & that drynke, is good to dystroy humours in the stomake, and drynke it euery daye fastyng wyth Eurose & thou shalt be hole, and thou shall neuer haue the pestelence bredynge wythin the whyle thou do vse it. For the leuer stampe it and sethe it in wyne and drynke it.

¶ Sothernwode.

Thys herbe is good for the coughe and for byting in the bely and in the breste, and for disease in the bones, and good for thē that maye nat well pysse take the sede of thys herbe and stampe it and drynke it wyth water, & it is good for all the aforesayde. Also for the dysseases i the syde, stampe thys herbe wyth Betayne and drynke it and it hel-

peth well. Also for the bytyng of a serpẽt and for venym, stãpe thys herb and drinke it with wyne, and it is good. Also for the colde feuer stampe thys herbe wyth wyne and dryncke it and thou shalte be hole.

Syngrene.

Thys is colde and moyste in the thyrde degre ỹ ioyce of thys herbe and also the same herbe is ryghte necessary for many deseases, stampe thys herbe wyth grece and playster it to the desease & marueylously it helpeth. For desease and darkenes of eyes, stampe this herbe and put of the ioyce in ỹ sore eyes For chafyng of the lyuer take the ioyce of it and vyneger & dyppe a cloth therin, and playster it to the greuaunce. For bytynge or scalding make an oyntment of the ioyce of thys herbe and oyle of Roses, and waxe, but laye it nat to tyl after the thre fyrst dayes, but fyrste anoynt it wyth

it with grees and such other. Also for a disease of a hote cause thys herbe is good to be layde therto.

Stychewort.

Thys is called Stychewort or bitollõg this is hote & moyst i ỹ fyrst degre, ỹ vertu of this herb is, it is good to hele woũdes & sore eis

Scamony.

Scamony is hote and dryye in the. iii. degre ỹ leues onely be beste in medecines it may be kept a yere in hys vertue or two for nede. For the disease in the stomake boyle leues of it in wyne, & drynke it. Also the aforesayd drynke is good for ỹ bely, & for the straungury, and flux. Also a stewe made with boyling of it i water, or wine is good for ỹ forsayd, if it be boyled in oyle & playster it to ỹ aforsayd, for it is better.

Sene.

Sene is hote & dryye in the. iiii. degre, it groweth in ỹ other syde ỹ

see and most aboute Babylon: the best be the floures and the braunches of it, It is good for many deseases as the kallynge euell: for ỹ Stinacop, for ỹ splen, for the Emerawdes, and for the quartayne, sycop made of it boiled in water and suger, is good for al the aforesayd. Syrop made with the joyce of Borage is good for the forsayd. Also Dioscorides cõmaundeth to make Ermel of the aforesayd with boylyng of bynegar and honye and it wyl be good for the aforsayd, And thys herbe may be kept ten yere.

Selondyne.

Thys is hote and dry in the. iiii. degre, & Galen sayth ỹ it is good for sore eyes, take ỹ joyce of selondyne and boyle them wel togyther in a panne & whã it is cold anoynt the eyes therwith. Take Selõdine and wryng out the joyce & medle it with whyte wyne and anoynte thy

vylage therwith & it shal do away
frekeles of ỹ vylage, ỹ ioyce of se-
londine & gotes dõg medled to gy
ther small in a mozter, thã if ỹ lay
it to a cãker in a womans pappe, it
shal ãe the cãker. Also take ỹ toyce
of selõdyne & pouder of bzimstone
and medle them well togyther & it
wil helpe to do away ỹ Mozphew
And sethe the rote in wyne, & whã
ỹ pot is takẽ downe let hĩ hold his
mouth opẽ ouer it ỹ the bzeth mai
go into his body, & that shal slee ỹ
canker in the mouth, it is good foz
hym ỹ hath dzonken venym wyth
his owne stale & that wil saue him

Sauayne.

¶ Thys is hote and dzy in the se-
conde degre, it is good to slee woz-
mes in the wombe and to bzige thẽ
out yf it be soden in wyne & gyuen
to the pacyẽt to dzynke. It is good
wyth butter oz greace to make an
oyntment foz ỹ scabbe that rẽneth

to hele it & dry it vp, and it is good for the head ache, yf it be stamped and tempered wyth Vyneger and make a playster therof and laye it in the temples and vpon the molde of thy hende.

Scabiose.

Thys is colde and moyste in the ii. degre, stampe it and sethe it in wyne and that drynke is good for the lyuer. And it will destroy wycked humours in the stomake. and drynke it euery day fastyng wyth Eurose & thou shalt neuer haue postume bredinge within the as lóge as thou doste vse thys medecyne.

¶ Littera. T. Et primo de Taplu barbasto.

THys is called Molen, it is colde and dry. It is good for the Emeraudes & it be sodden in wyne and scommed clene. Also it is good to washe the

greuaunce

greuaunce therwith, it is good Al
to for the flux in the belly.

Towne cresses.

Thys herbe is hote and dryye in
the. iii. degre, the sede wyll endure
good fyue yere. It is good to stañ
che the flux & the mencyon, yf thou
take the sede and bruse it in a mor-
ter of brase & giue the like to drink
therof thre dayes euerye daye pe-
ny weyght at ons wyth reed wyne
warmed and i those thre dayes he
shalbe stañched, or els he shal dye,
of that curt, it is good for the palsi
and for the male flanke, take ỹ sede
and sethe it wyth wyne & do it in a
poket & bynde it to the side ther as
ỹ greuaunce is. Also it is good for
hi ỹ maye nat well pisse, take ỹ sede
& seth it i wyne & oyle olyue & bind
it to thi share. It is good for a mã
nes fundamẽt ỹ goeth out, yf it be
take of cold, thã it must be put in a
gayne and strawe ỹ pouder on the

fundament

fundament thy rayne wyth Honye and than strowe the poudet aboue with the powdet of Comé oz powder of Calakyne, foz al these be kidly foz it. Also take the stalkes of towne Cresses, and bzenne them and there shall no benemous beaste ne wozme abyde the sauour noz smell therof but he shall dye oz fly awai

Littera. V. Et primo de herba Viole.

Violet is colde in the fyrst degre, and moyst in the secounde. Foz blaste in the eyes, take ỹ rotes of Violettes and stampe them wh Myzre & Saffron and at nyght laye it to ỹ soze eyes. Also foz wounde in the head stampe the leues of Violettes with hony and vyneger, and playster it to the wound and it shal hele it. And foz them that may nat slepe foz syckenes sethe thys herbe in water and at euē let hym soke wel

his

his fete in the water to the ancles, whan he goeth to bed binde of this herbe to his temples & he shal slepe well bi ȳ grace of God. Take Violettes Wyzre and Saffron, & make a playster and laye to the sore eyes that be swollen and it shall cease akynge & bate the swellynge.

Aua suauis.

Thys is called the swete Raysen, it is hote and moyst it hath vertue of clensynge, scourynge oz smothynge. Raysens eaten oz boyled in wyne is good foz ȳ cold coughe Sethe them in wyne and they be good to playster on the cold postume and good foz a colde stomake.

Verueyne.

Verueyne it hote and dzy in the seconde degre. It is good agaynst al maner of euyls, of venym yt the pacyent dzynke it & tempered with wyne and stampe the herbe & lay it on euery

on euery maner of bytyng of veny
mous beste, and it wyll drawe out
the venym and saue the lore, who
ꝑ vseth it, it wyll make good breth
and do away stinke of the mouth.
Also who that hath ꝑ feuer tercpā
take. iii. rotes, and thre croppes of
the same herbe and stampe them &
temper thē with fayre clene water
and gyue it to the pacyent to drīke
Also who that hath the feuer quar
tayne, let him take the same drynke
Also it is good for the stomake, the
lyuer, & lōges. Also take veruayne
Betayne, & Saxfrage & of euerye
of them like muche and stampe thē
wyth wyne tempered, and thys is
good for them that hath the stone.
Also they that bere veruayne vpō
thē they shall haue loue and grace
of greate maysters and they shall
graunt hym his askynge of his al-
kynge be good and tyghtfull.

Ble

Hic incipit littera. W. Et primo de Watercresses.

Watercresses be hote & dri in the seconde degre seth them in water, by them selfe and drynke it or sethe it i flesshe and sup of the broth, and it wyl clense well the inwarde membres. Also it is good agaynst the Strangulion and the flyxe of the same.

Wild neppe or wodbynd.

¶ This herbe bereth a flower like to the Hop, and after the flower he bereth a grene berye, and it hath a great rote, the vertue of the herbe is moste in the roote, it is good for sinowes that be shronken or cut to make them sople and to haue their owen course in theyr proper kynde Go to ỹ rotoke wylde Neppe, that is lyke wodbynde and make a hole in the myddes of the rote thã couer it well agayne that no ayer go out

nor

noz that no rayne go in noz water, powder noz the sonne come nat to muche to it, let it stãde so a night & a day, thã after that go to it, & thou shalt fynd therin a certayne lycour take out that lycoure with a spone and put it into a clene glas and do so euery daye as longe as thou findest ought in the hole & thys must be done in the moneth of Apryll oz Maye, than anoynte the soze therwith agaynst the fyre, than wete a lynen cloth in the same lycour and lappe it aboute ỹ soze and it shalbe hole in shoxte space, on warantyse by the grace of God. Foz the goute a soueraygne medecyne. Take the rote of wylde Neppe, and the rote of ỹ wylde Docke soden by it selfe and cut thẽ in thyn peces & pare awaye the vtter rinde and cut thẽ in quarters, thã boyle thẽ in clene water. ii. oz. iii. houres, than stãpe thẽ in a moxter as small as can be, thẽ

put

put therof a quantite of soote of a chymny ,and temper them with ỹ mylke of a cowe, that the herbe is of one coloure, than take the pysse of a man that is fastyng and make a playster therof,and boyle it togy ther and as hote as ye maye suffer laye it to the greuaunce a day,and a nyght and so do nyne tymes,& it shal heale the on warantyse,by the grace of God.

Wormewode.

☞ This is hote & dry in the secõd degre, it is good for wormes in the wombe if it be stamped,& the ioyce wronge out& myngled with swete milke,and gyuẽ to the pacyente to dryncke,& sethe this herbe in wyne and make a plaister to the wombe, Make pouder of wormwode, Centory, Bettayne, of eche lyke,muche by wayghte and medle all well to gyther , and the pouder wyll slee wormes in the wombe both whan

it is eaten in potage and dronken. Also for the mylte that is swollen of a colde mater, sethe it in wyne & let the sycke dryncke therof, and ȳ shall heale hym, & make a playster of the substance of the herbe & laye it all hote to thy wombe agaynste the greuance. Also temper wormewode & temper it with vieger and with rosted sower breade, grounde therwyth, & with the ioyce of Myntes, and the ioyce of Plantayne, of euer ych lyke much, and frye them well togither, than make a plaister & lay it to the mouth of ȳ stomake and this shall staunche bryking or castynge. For wormes in a mānes eares be it serpent, or erewyke, take the ioyce of wormewode & put it in the eare. Also for the dropsy seth it in wyne and gyue the sycke to drynke at morninge and euenynge and it shal helpe hym.

¶ The vertues of Waters stylled.

Water of Wormwode, for ỹ stomacke, lyuer & the spleene, for wormes in the bodye, for the Jaundyce, & drũckennes, and for the sycht.

Water of Sentory, for Appetite for the Lyuer & the Wilt, wormes, and Sauceflewme.

Water of Mugwort, for the matryce.

Water of Dyttayne, for poyson, Venome and Pestylence.

Water of Fumitory, for ỹ Morphew, Lepry, Scabbe, Dropsy, lyuer, Splene, Costyfnes and the Matricie.

Water of Ysope, for the Coughe Lungis, brest, the stomake, for the Pose and the guttes.

Water of Horehoūd, for the Cough, lunges, brest and colica passio.

Water of Bawme, for the Mother, the Matrice lyuer, and splene

Water of Calamint, Mugwort, Y lope, Brookmynt, Fumytorye, & Bawme of eche a lyke muche, and of Wormwood, a les parte. These are good waters for the Matrice, & for the reteynyng the floures.

Water of Calampnt, is good for the stomake.

Water of Plantayne for ỹ Flixe and hote Dropsye.

Water of Fenel is good for a swelling, and for sore Eyen.

Water of Endyue for the dropsi, liuer Jaundice and Stomacke.

Water of Borage, for the stomake, Colica passio, and other sickenes of the bodye.

Water of Saugle, is good for ỹ Palsye.

Water of Bytayne, is good for

the

the hearynge and for all maner of
syckenes in the body, for ryght as
musterd is sauce for most kynd of
meates: so is Bytayne to all other
herbes.

¶ The tyme of gathering Sedes
Floures Herbes and Rootes.

SEdes shoulde be gathered
whē they be fully ripe, and
the moystnes therof cōthyng dried
awaye.

Floures sholde be taken when
they begyn to faule or fade.

Herbes shold be gathered when
they be full of moystnes, before
they begyn to shrynke.

Rootes sholde be gathered whē
the leaues faule.

Frutes sholde be gathered and
taken at theyr ful greatnes before
they faule, and the heuyer, and the
sadder, that the frutes be: the better
they are. And those that be greater

lyght: be not so good. And they be better ẏ be gathered in faire wether than they be ẏ be gatherd in foule or Rayny wether.

Herbes that grow in the Feeldes: be better than those that growe in gardeines: And those ẏ grow on ẏ hilles be best. And cõmõlt feeld herbes be smaller than towne herbes.

Many herbes there be that haue a speciall time to be gathered in, in whyche tyme, yf they be gathered: they haue theyr vertue in ful strẽgthe, more than they should haue, yf they were gathered in any other tyme. Some helpe, whẽsoeuer they be gathered, & some be nought, yf they be not gathered in theyr due tyme. ☞ Bytayne, shal principally be gathered in August, wt the seedes & rotes wt ẏ Iuice. And it shal be dryed in the shadow, or in the sõne, for need. For medicen, it may be gathered in any time: but euer ẏ is

better

better ȳ is gathered, wythout moy
sture, & before the Sonne risinge.
Swyne grasse, may be gathered
when so euer you need.
Camomil, shalbe gathered in apzil
Verytozy, should be gathered in
June, before the Sonne ryse.
Red Dock, may be gathered whē
need is. Lāgdebefe shalbe gathe-
red in June and July.
Venitwozt, shalbe gathered in the
begynnyng of wynter.
Germander, shalbe gathered in
Lammas Moone.
Dragāce, shalbe gathered in Ju-
ne and July.
Columbine, shalbe gathered in
Lammas moone.
Adders tōgue, shalbe gathered in
Apzil.
Pedelion, shalbe gathered after ȳ
mid day, when ye lyst.
Groundsil, shalbe gathered after
myd daye.

walwozt

Walwort shalbe gathered when ye wyll.

Violet shalbe gathered in Marche, and in thys moneth shold Suger Violet be made and Sirup, also Oyle of Roses, of Camomyl, of Lillyes, and of Chelboll heades, ỹ is called Popy. And Rosemary flo nres, in Maye.

Centorye when it begynneth to florysshe.

Organ in the moneth of June.

Calamint in the moneth of June,

Hartes tounge, in Nouember,

Aristologia rotunda in herueſt, & the other in the same tyme.

Satlycke when ye wyl, wild Satlycke when it floritheth.

Agnus Castus, whē it floritheth.

Gourdes in thend of September or in October, when they be rype, they shold be dried in such a place ỹ the Sonne maye come to them all the daye.

wilde

Wylde Neppe berres shold be gathered when they be yelowe.

Cucumers shold gathered whe the Fruite is rype, & the frute shold be layed vnder Vynes, where as ye sonne hath not his ful strength, vpon it, and in a moyst place that it may rotte, for than shold ye sede be good and full of Kernelles.

Citrull shold be gathered when the frute is ripe and it shold be dried, in a drye place in the sonne.

Water of Calampnt, shold be gathered when it floureth and dryed in the shadow, and it wilbe good a yere & no longer.

Saffron, shold be gathered before the Sonne ryse.

Dodour groweth amõge Flaxe, shold be gathered in sommer when it begynneth to floure, & it may be kept thre yere.

Drauke shold be gathered whe it florysshith and shold be dried in

the

the shadowe and wyll last a yere.

Elebor, shold be gathered in herueſt tyme.

Fenyl, sholde be gathered in the begynnyng of Heruest, and a yere it may be kept, and the rotes of fenell, shold de gathered in the beginnyng of the yere, and wyl endure a yere.

Baldemonye, otherwyse called Gencyane, shoulde be gathered in the last ende of the yere, and maye be kept. iiii. yeres, the Rootes of it is bled. And for to knowit: one is, it is right bitter, for the lesse bitter it is, the worse it is, another is, it is somwhat yelow, and not clean yelow, but sad.

Galyngall ỹ is called in Whitlycke, Spperus, it maye be gathered in eche tyme of ỹ yere. The best tyme is in the ende of Vere, it must be laied iii. dayes in the sonne, that the moystuse therof rot it not lytely, and

ly, and then kepe it in the shadow.

Floure Deluce, shold gathered in thend of Vere, and dried in the sonne, and it wyl last .ii. yere.

Sisalido, is the Roote of Phlipendula, and that serueth to medycen, and shalbe taken out of the erth, in the ende of Herueste.

Auence leaues serueth more to medicens then the Rootes, the vertue of it is best, whiles it is greene, and his vertue is to dissolue, consume and open.

Take Grapes before they be ripe, and wring the pouce out of the, and than drye theym in the Sōne, and make pouder of them.

That pouder is good tobe vsed in meates for castyng & cōmeth of Colericke humours and for the Flyxe.

A generall rule of all maner of herbes.

IT is a generall Rule, that from the eyghte: kalendes of the moneth of Apzell: vnto ỹ moneth of Julye, all maner of leaues of herbes be best, and from the. viii. kalendes of July vnto the. viii. kalendes of October: the stalkes haue moofte vertue. And from the. viii. kalendes of October: vnto the. viii. kalendes of Apzell: all maner of Rootes of Herbes be in their ful stregth.

Finis.

¶ Here begin

neth the table of thys boke.

Agnus castus
Apium.
Auetum.
Apumeresus.
Absentium.
Artamasa.
Affodillus.
Aristologia lon.
Aristolegia rot.
Abzotinum.
Ameos.
Alleluya.
Asterion.
Agrimonia.
Auentia.
Altea.
Amarisca.
Auricula muris
Apium emo.
Apium canarus
Arciplex do.
Anabula.
Acus demonis.
Argentila.
Acus mustela.
Allium.
Aniulm.

B.

¶ Betonia.
Bla. omuyte
Bete.
Bozago.
Bugla.
Burneta
Bursa pastozis.
Bozago syues.
Bylyze.

L.

¶ Camamilla.
Calamintum.
Crassula matoz
Crassula minoz
Citura.
Centauriama.
Centaurium mi
Cura
Celidonia.
Culamen.
Celewozteg.
Colianbzum
Capillus ven.
Cozcus,
Centonodium
Capzifolium
Canabaria.
Costus.
Cepe.
Columbina.
Cominum.
Cardiaca.
Cerasa.

Camelon

Camelon.
Cauda pulli.
Cabochis,
Caluus gallica.
Caluus agrestis.
Cimbaria.
Consolida maior
Consolida minor.
Consolida m:d.

D

Diapsanum.
Dragantia ma
Dancus arminus.
Dens leonis.
Dens canis.
Dens creticus.
Dragantia fe.

E

Elena campana.
Endua.
Eruca.
Enfrasia.
Ebulos
Edera.
Ederaterrestris.
Euforbium.
Elleborus albus
Elleborus niger.
Epatica.
Erpina.
Epulus minor

F

Flaminula.
Fumus terre.
Fumicretum.
Fragra.
Fabaria magor.
Fabaria minor.
Filix.
Filipendula.
Finiculum.
Farinus.
Finiculus poet
Febrifuga.
Filago.
Flaminula miñ.

G

Gracia dei ma.
Granum.
Genestula.
Gencianus
Galanga.
Granum solis agime
Gladiolus,

H

Herba crutiata.
Herba Christofory
masculi.
Herba Christofo-
ri femi ni
Herba walteri
Herba Robarti
Herba Marcia.
Hastuca regia
Herba Petri
Herba Johannes.

I

Jusquiamus
Isopus
Ireos
Iris.
Iarus

Iasio

Jasia alba
Jasia nigra
Ipia maior
Ipia minor
Jacenitus rusti.

L

Lanisticum.
Langua cecui
Lilium.
Ligustum
Lingua bouis
Lingua serpentes ma
ior.
Lingua serpentis mi.
Lingua Canis
Lingua Hercina
Lupinus
Labrum veneris
Lauendula,
Lactuca
Lactuca Siluat
Lactuca Lepo
Lollium.
Laparium rust
Linum.
Lauriola.
Licorisa.
Lappa.

M

¶ Millefolium
Mercurialis,
Menta.
Menta romana
Malua.
Morel or nyght.
shadowe.
Mastyke.
Magerum.
Millefoliuz ma
or Yarowe.
Motherwort or
Mogwort.
Maces.
Menta rubea.

N.

Nux muscata.
Napus

O

¶ Olibanum.

P

¶ Orzuna.
Peper.
Pinpernella.
Pulegium
Peucedanum vell.
Feniculus por
Peorocilium.
Peritorium.
Pastinaca.
Plantago.
Porrum,
Pireteum.

Papauer.

Papauer
Polipodium
Pulegium.

Q

Quinquefolij

R

Rybwoorte.
Reed nettell.
Rose rubea.
Rosemary.
Ruta.

S

Sinapium.
Smalage.
Salua.
Saturegia.
Sarfrage.
Scabiosa.
Sothernewode.
Syngreue
Seyche worte
Seamony.
Sene.
Seloudine.
Sauayne.
Scabiosa.

T

Tapsu barba.
Towne cresses.

V.

Vyolet.
Mua suauis.
Veruayne.

W

Water cresses.
Wylde neppe.
Wormewode.

FINIS.

Jos: Banks

Imprynted at London in the Fletestrete at the sygne of the Rose Garland by me Wyllyam Copland.
for John wyght